
Field Guide To Wilderness Medicine Expert Consult

The Prepper's Medical Handbook

Wilderness Medicine

Wilderness and Travel Medicine

Tom Brown's Field Guide to Wild Edible and Medicinal Plants

Management Lessons from the E.R.

The 5-minute Pediatric Consult

Step-by-Step Treatment for All of Your Medical Emergencies Including • Heart Attack • Stroke • Food Poisoning • Choking • Head Injuries • Shock • Anaphylaxis • Minor Wounds • Burns

The Complete First Aid Pocket Guide

Enviromedics

Expert Consult Premium Edition - Enhanced Online Features

The Pocket First-Aid Field Guide

Treatment and Prevention of Outdoor Emergencies

The Field Guide of Wilderness and Rescue Medicine

Medicine for the Outdoors

A Comprehensive Guide

Field Guide to Wilderness Medicine

Field Guide to Wilderness Medicine E-Book

Tom Brown's Field Guide to Wilderness Survival

The Essential Guide to First Aid and Medical Emergencies

Wilderness & Travel Medicine

Wilderness and Marine Medicine Beyond the Golden Hour

Prescriptions for Success in Your Business

The Field Guide to Forecasting the Weather

Reading Weather

NOLS Games

The Essential Guide to Emergency Medical Procedures and First Aid

Bushcraft First Aid

Oxford Handbook of Expedition and Wilderness Medicine

Outward Bound Wilderness First-Aid Handbook

The MeatEater Guide to Wilderness Skills and Survival

SOLO Wilderness First Responder

Wilderness & Travel Medicine

Wilderness First Aid

Wilderness First Aid Field Guide

Medicine for the Outdoors

NOLS Wilderness Medicine

Beyond First Aid

Solo's Field Guide to Wilderness First Aid 3rd Edition

BAILEY BENTON

The Prepper's Medical Handbook Mosby

Many of us have concerns about the effects of climate change on Earth, but we often overlook the essential issue of human health. This book addresses that oversight and enlightens readers about the most important aspect of one of the greatest challenges of our time. The global environment is under massive stress from centuries of human industrialization. The projections regarding climate change for the next century and beyond are grim. The impact this will have on human health is tremendous, and we are only just now discovering what the long-term outcomes may be. By weighing in from a physician's perspective, Jay Lemery and Paul Auerbach clarify the science, dispel the myths, and help readers understand the threats of climate change to human health. No better argument exists for persuading people to care about climate change than a close look at its impacts on our physical and emotional well-being. The need has never been greater for a grounded, informative, and accessible discussion about this topic. In this groundbreaking book, the authors not only sound the alarm but address the health issues likely to arise in the coming years.

Wilderness Medicine Jones & Bartlett Learning

For untold thousands of years, human beings have thrived on the nutritional and medicinal wealth of the plant life in the natural world. In these fascinating, wide-ranging, wonderfully informative stories, Tom Brown--director of the world-famous Tracking, Nature, and Wilderness Survival School--tells all about the uncommon benefits of the common trees, shrubs, flowers, and other plants we find all around us. This indispensable guide includes information on: * How to use every part of the plant--leaves, flowers, bark, bulbs, and roots * Where to find useful plants, and the best time of the year and stages of growth to harvest them * How to prepare delicious food dishes, soups, breads and teas from the riches of the great outdoors * An incredible range of experience-proven medicinal uses to treat headaches, burns, digestive disorders, skin problems, and a host of other maladies TOM BROWN'S FIELD GUIDES: America's most popular nature reference books, Tom Brown's bestselling field guides are specially designed for both beginners and experienced explorers. Fully illustrated and comprehensive, each volume includes practical information, time-tested nature skills, and exciting new ways to rediscover the earth around us.

Wilderness and Travel Medicine Field Guide to Wilderness Medicine E-Book

Practical advice for the on-the-go outdoorsman, this field-friendly guide is essential for anyone interested in first-aid preparation and care. Here is advice useful on a hike or for any fishing trip, including step-by-step instructions on dealing with fractures, suturing wounds, treating eyes and ears, managing allergic reactions, and more. With common sense advice, and in a handy, portable package, this is one little book that no one should be without in a campsite or in their forest hideaway.

Tom Brown's Field Guide to Wild Edible and Medicinal Plants Jones & Bartlett Publishers

Life in the emergency room is often like that in the business world. Both are places of activity and excitement, unexpected developments, highs and lows, crises, and great intensity. On the treatment table and in the boardroom, problems must be diagnosed correctly and dealt with as effectively and quickly as possible. Now in *Management Lessons from the E.R.: Prescriptions for Success in Your Business*, Paul S. Auerbach, M.D. -- a doctor of medicine and of companies -- shows exactly how a professional healer's thought processes can be applied to a business. The result is enlightening, occasionally lighthearted advice that goes far beyond other business management tomes, offering readers real and surprising lessons. Applying such medical truisms as "The patient who isn't screaming may be the one in the most trouble" and "Don't count on luck," Dr. Auerbach provides prescriptions for solving all types of managerial emergencies. Using real-life experiences from his many years as an E.R. physician, COO of public and private medical management companies, and venture capitalist, he teaches executives how to prepare for and remain calm in difficult situations. In this unique book, he shows how responsibility, great expectations, and the impact of failure force doctors to be at the top of their game at all times. From assessing the first symptoms of a patient's or company's problem to determining the quickest and most effective means for treatment, Auerbach details the true-to-life pressures, fears, and challenges one faces both in acute care medicine and in the most vital actions of one's career, and does so with humor, style, and grace. The effect of this wisdom: the ability to deal with any business dilemma, whether it be a short-term setback or the beginning of a more serious condition. The prescriptions here are lessons for success in business and, at the same time, for success in life.

Management Lessons from the E.R. Cambridge University Press

With help just a quick 911 phone call away, it's hard to imagine the consequences of experiencing an emergency in remote lands. *Wilderness Medicine: Beyond First Aid* is a comprehensive text for the recognition, treatment, and prevention of wilderness emergencies.

The 5-minute Pediatric Consult Tmc Books LLC

This field-guide handbook, based upon Dr. Auerbach's text *Wilderness Medicine*, 4th Edition, focuses on information that is needed when medical situations present in the wilderness setting. Perfect for the physician on the go, this new 2nd edition includes more chapters and appendixes for an even quicker more complete reference! Complements *Wilderness Medicine*, 4th Edition. Perfect for the physician on the go. Comprehensive coverage of outdoor medicine. New chapters include: Solar Radiation and Sunscreen, Emergency Airway Management, Emergency Oxygen Administration, Pain Management, Cardiopulmonary Emergencies, Neurological Emergencies, Improvised Litters and Carriers, Aeromedical Transport, Survival, Knots, Children in the Wilderness, Women in the Wilderness. Includes information on splints, slings, dressings, and hot spots. Expanded coverage of Animal Attacks and Zoonoses (diseases carried by animals that can be transmitted to humans, i.e. rabies). 6 Appendixes, including: Priority First Aid Equipment, Contingency Supplies for Wilderness Travel, and Medicine Specific to Women's Health.

Step-by-Step Treatment for All of Your Medical Emergencies Including • Heart Attack • Stroke • Food

Poisoning • Choking • Head Injuries • Shock • Anaphylaxis • Minor Wounds • Burns SF Nonfiction Books

The seventh edition of the bestselling NOLS Wilderness Medicine includes all the key first-aid information that made previous editions so valuable, now updated throughout with the latest medical recommendations. This guide is used in NOLS and WMI courses to train outdoor leaders to prevent, recognize, and treat common medical problems and to stabilize severely ill or injured patients for evacuation. A vital resource for outdoor enthusiasts, this book covers fundamental topics in first aid from the unique perspective of the National Outdoor Leadership School. First-aid topics include patient assessments, shock, soft tissue injury, burns, fractures and dislocations, and chest, head, and abdominal injury. Learn how to handle common environmental problems—heat, cold, water, altitude, and poisonous plants and animals. Vital material is presented in an easy-to-use reference format to save valuable time in an emergency.

The Complete First Aid Pocket Guide Rowman & Littlefield

Field Guide to Wilderness Medicine E-Book Elsevier Health Sciences

Enviromedics Random House

The Wilderness First Aid Field Guide covers the basic medical procedures you need to prepare for in the event of an emergency while in an isolated area. Based on the latest first aid and CPR guidelines, it covers general emergency medical procedures as well as specific symptoms and accidents. This pocket sized, spiral bound, and water resistant field guide is an essential resource for anyone in a remote area. Well-organized and thorough, the Wilderness First Aid Field Guide also discusses preventative measures and responsible outdoor behavior.

Expert Consult Premium Edition - Enhanced Online Features Rowman & Littlefield

These practice guidelines are the official statement of the Wilderness Medical Society on the best methodology for handling prehospital care for illness and injury occurring in wilderness areas.

The Pocket First-Aid Field Guide Simon and Schuster

Packed with step-by-step instructions, how-to explanations, and practical approaches to outdoor and wilderness emergencies, this newly updated guide explains the best ways to respond to just about any medical problem when help is miles or days away. Logically organized, "Medicine for the Outdoors" may literally save a life.

Treatment and Prevention of Outdoor Emergencies Simon and Schuster

Rev. ed. of: *Comprehensive guide to wilderness and travel medicine* / Eric A. Weiss. 1992.

The Field Guide of Wilderness and Rescue Medicine OUP Oxford

Here, in one essential volume, are the basics of wilderness survival. The most ancient and important skills, preserved for generations, are presented in a simple, easy-to-use format with clear illustrations and instructions. A complete must-have companion to the great outdoors. * How to build natural shelters in plains, woods, or deserts * How to get safe drinking water from plants, trees, the sun, or Earth Herself * How to make fire without matches and maintain it in any weather * How to find, stalk, kill, and prepare animals for food * The "big four" edible plants, and hundreds of others useful for both nutrition and medicine

Medicine for the Outdoors Rowman & Littlefield

The SOLO Field Guide to Wilderness First Aid is the manual that accompanies SOLO's two-day course

of the same name. The Wilderness First Aid (WFA) course was created out of the direct experience of the founders of SOLO and is designed by and for the "outdoor enthusiast: " whether hiker, climber, skier, kayaker, canoeist, or sailor. It is for the adventurous who may find themselves away from immediate help and may have to rely on their own skills to survive and thrive if an emergency should arise.

A Comprehensive Guide Rowman & Littlefield

From minor cuts and burns, to heart attacks and strokes, this handy, take-anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency. Be prepared for any medical emergency and handle it safely and efficiently with The Complete First Aid Pocket Guide. Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness, and those that are more serious with this essential handbook. Each section of The Complete First Aid Pocket Guide includes a quick list of signs and symptoms to look for and step-by-step first aid instructions for dealing with each situation, all in user-friendly, simple language that's easy to understand. Medical issues covered include: —First aid basics, including roles and responsibilities of a first aider, managing an incident, activating emergency services, and infection control —Lifesaving skills including the recovery position, cardiopulmonary resuscitation (CPR), and use of an automated external defibrillator (AED) —Minor injuries and conditions, including soft tissue injuries, splinters, blisters, eye injuries, nosebleed, diarrhea, and vomiting —Traumatic injuries including severe bleeding, amputation, shock, fractures, crush injuries, burns, and head and neck injuries —Medical emergencies including heart attack, stroke, asthma, anaphylaxis, hypoglycemia, meningitis, seizures, poisoning, and emergency childbirth —Environmental conditions including hypothermia, frostbite, heat stroke, sunburn, and lightning strike —Pediatric emergencies and illnesses, including assessing an unresponsive child or baby, pediatric cardiopulmonary resuscitation (CPR), choking, croup, and febrile seizures —First aid kit lists for home, vehicles, and outdoor use With an appendix featuring an A-to-Z list of every condition covered, it's easy for you to quickly find the exact information you need in any situation you may face. With its small trim and portable size, The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit, car first aid kit, disaster-survival bag, as well as a pocket companion for EMTs and other first responders in the field.

Field Guide to Wilderness Medicine Skyhorse Publishing Inc.

Published in cooperation with the Wilderness Medical Society, this text is the definitive and essential wilderness first aid book. Ideal for use in the field and in class, this text tells how to identify

Field Guide to Wilderness Medicine E-Book Lyons Press

Revised for its second edition to include the latest national and international guidelines, the Oxford Handbook of Expedition and Wilderness Medicine continues to be the essential resource for expedition medics and all well-informed travellers, including gap-year students. Clear and concise, readers can rely on this handbook to provide the knowledge and practical advice they need. It enables efficient preparation and planning before the journey, advises on camp logistics, risk management, and medical problems during the trip, as well as highlighting rare but important risks to those visiting remote areas. Focusing on preventative measures, the handbook also contains chapters dealing with crisis management, emergency care, and evacuation from challenging

environments. Now containing more guidance about the obligations of a clinician joining an expedition, and the ethical approach to such work, the second edition of the Oxford Handbook of Expedition and Wilderness Medicine also provides an increased emphasis on medicine in various extreme environments. With revised and additional illustrations, more colour plates, and an increased use of important algorithms, this edition will give you the confidence and skills you need to travel to any extreme or remote environment. Updated with the support of the Royal Geographical Society, and incorporating the combined knowledge and experience of a team of experienced clinicians and expeditioners, this is a practical, easy-to-use guide to all aspects of expedition and wilderness medicine. Anyone who might ever step into the natural countryside, away from tarmac or gravelled paths, to seek the freedom and beauty of unspoiled nature needs to be aware of the content of this book, to enhance their enjoyment, and minimise the risk of pursuing adventurous travel.

Tom Brown's Field Guide to Wilderness Survival Penguin

Reading Weather provides a quick and simple way to understand how the atmosphere works, how to interpret and use weather forecasts before venturing outdoors, and also how to make your own forecast in the field by observing the changes in the weather. This fully updated and revised reference will arm you with the meteorological knowledge necessary to make good decisions on whether to proceed or retreat in the face of a storm. Also included are helpful definitions, tables, and

simplified graphics of common weather features.

The Essential Guide to First Aid and Medical Emergencies Jones & Bartlett Publishers

Grounded in contemporary, evidence-based research, the second edition of Assessment for Teaching provides a comprehensive introduction to assessment and teaching in primary and secondary school settings. Taking a practical approach to assessment and the collaborative use of data in the classroom, this text advances a developmental model of assessment which aims to improve student outcomes through targeted teaching interventions. Thoroughly revised and updated to include the latest research, this edition features expanded content on collaborative teaching, competence assessment, learning and assessment and self-regulated teaching and learning. Each chapter features learning objectives, reflective questions, an extended exercise to link course content with classroom practice, and end-of-chapter rubrics which help readers assess their own understanding and learning. Written by a team of experts from the Assessment Research Centre at the University of Melbourne, Assessment for Teaching is an essential resource for both preservice teachers and inservice teachers.

Wilderness & Travel Medicine Elsevier Health Sciences

"For people who want to develop their bushcraft skills and survive outdoors, this book provides information for treating injuries and illness while in the wild. It includes tips and information on how to use typical outdoorsman items in case of a medical emergency or survival situation"--