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# Gabrielle Roth Connections

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The Oracle  
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Soul Love  
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Youth on Fire  
A Delicate Truth

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**BRANDT LACI**


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**Connecting Through**

**Touch** Harper Collins  
Like our planet, young people across the globe are heating up. As they come of age, some are boiling with outrage about the environmental toxins, unconscionable injustices, and social challenges they face. Some are setting their communities ablaze with gang warfare, bullying, hazing, or other destructive acts of violence. Others are barely flickering, having dimmed their light through self-destructive behaviors, lost in addictions or a variety of numbing habits that sublimate their life force. Many youth are simply invisible, lacking the encouragement of adults, disregarded or discarded with no opportunities on the horizon. Yet at the same time, there is an ever-expanding group of youth on fire. In positive ways, they are collectively ignited-illuminating the path from addiction into action, from fragmentation into integration, from isolation into community. *Youth On Fire* tells the timely story of hundreds of diverse young people rising from the ashes and dancing into inspired leadership

and creative action-bringing light to people and places suffering around the world. The processes, protocols, and practices described within these pages galvanize individuals and communities on every continent. If you are a young person or working with youth as an educator, parent, rites of passage guide, mentor, counselor, somatic practitioner, or community organizer, this book is for you.

**A Place for Everything**

Echo Point Books & Media, LLC

This book details the ingenious use of only five major acupuncture points to effectively treat a wide variety of ills. Written by one of the most experienced and well-known acupuncturists in California, this book is a must read for students and practitioners alike. It is written in a deceptively simple, unpretentious style characteristic of its author, but readers should not be deceived. The theory it contains is profound, stemming from the Four Great Masters of the Jin-Yuan dynasties. *Insights of a Senior Acupuncturist* H J Kramer  
In this revised edition of *Maps to Ecstasy*, Gabrielle Roth expands on the

themes that have guided her — ways of transforming daily life into sacred art. Her work in teaching movement has been described as a marriage of art and healing. Each chapter initiates readers into one of the five sacred powers necessary for survival and reveals the five life cycles that lead to enlightenment. The creative process brings readers in touch with these five sacred powers by freeing the body to experience the power of being, expressing the heart to experience the power of loving, emptying the mind to experience the power of seeing, and embodying the spirit to experience the power of healing.

*The Oxford Handbook of Dance and Wellbeing*

Tarcher

“Mindell examines addictions & relationships, time travel, lucid healing & preventive medicine, and Dreaming as world work.” —The Dream Network Journal  
What if you could dream twenty-four hours a day, even while awake? According to innovative psychotherapist Arnold Mindell, Ph.D., we already do. The seeds of dreaming arise in every moment of the day, in body

symptoms, problems, relationships, subtle feelings, interactions, random thoughts, and fantasies. We're getting countless little cues from the unconscious every minute. All are signs from the world of dreaming. And, according to Mindell, we can be in this state of lucid dreaming all day long. In *Dreaming While Awake*, Mindell shows how to become aware of these "flirts" from the dreamworld and how to interpret their message. The goal, he says, is to be wide awake and lucid 24 hours a day in the midst of this unending dreamfield of information. Practicing twenty-four-hour lucid dreaming: Helps you solve personal, physical, and emotional problems Serves as a preventive medicine for relationships and health, helping you catch the earliest warning signs before they turn into problems Helps resolve conflicts in relationships, families, large groups, corporations, even politics Dreaming is the mystical source of reality, says Mindell. "My goal is to make the Dreaming roots of reality so accessible, so visceral, that your conscious mind will give you back your right to dream."

*The Compassionate Equestrian* Innerquest Publishing

A course in spiritual growth.

**Connections** Penguin Channeling the messages of the spirit guide, Orin, the author teaches readers how to use the soul's love, the most potent energy in the universe, to harmonize and purify their lives and those around them. Original. 50,000 first printing. \$50,000 ad/promo. IP.

Earth Magic New World Library

Starting with a simple setting that can easily be accomplished with few special preparations, readers will learn, step-by-step, how to make a deep and meaningful connect with their partner's body. Using a combination of strokes from the most time-honored massage traditions, they will learn to be mindful of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white

photographs. Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

Dark Light of the Soul McFarland

Complete with personal stories and interactive exercises, "Sweat Your Prayers" reveals an ancient and contemporary method for unleashing a natural sense of movement, resulting in both personal power and presence of the soul.

*Dylan's Visions of Sin* Charisma Media

Winner of the Faulkner Society Award for Best Novel In a small seaside city on the Jersey Shore, three half-siblings confront the death of a distant and bullying patriarch. They now have the chance to imagine new relationships and new futures, ones that would have been near-unthinkable while their father was alive. Caught in their crossfire are the conservative religious communities that border Asbury Park, the longtime locals who have been pushed to the fringe by the shore's revitalization, and the legendary town upon which the whole world seems to converge. Slowly, however, they come to understand that everything—their future,

their happiness—depends on whether they can face themselves. Wise, perceptive, and provocative, *Greetings from Asbury Park* is a remarkable literary debut in the tradition of great American novels such as Sherwood Anderson's *Winesburg, Ohio*. It is a deep interrogation of place that depicts flawed characters as they break through to adulthood, truth, and to a moral relationship with the world.

### **A Spell in the Forest**

Basic Books

From the publisher of *Pipette Magazine*, discover a natural wine-soaked memoir about finding your passion—and falling in love. It was Rachel Signer's dream to be that girl: the one smoking hand-rolled cigarettes out the windows of her 19th-century Parisian studio apartment, wearing second-hand Isabel Marant jeans and sipping a glass of Beaujolais redolent of crushed roses with a touch of horse mane. Instead she was an under-appreciated freelance journalist and waitress in New York City, frustrated at always being broke and completely miserable in love. When she tastes her first

pétillant-naturel (pét-nat for short), a type of natural wine made with no additives or chemicals, it sets her on a journey of self-discovery, both deeply personal and professional, that leads her to Paris, Italy, Spain, Georgia, and finally deep into the wilds of South Australia and which forces her, in the face of her "Wildman," to ask herself the hard question: can she really handle the unconventional life she claims she wants? Have you ever been sidetracked by something that turned into a career path? Did you ever think you were looking for a certain kind of romantic partner, but fell in love with someone wild, passionate and with a completely different life? For Signer, the discovery of natural wine became an introduction to a larger ethos and philosophy that she had long craved: one rooted in egalitarianism, diversity, organics, environmental concerns, and ancient traditions. In *You Had Me at Pét-Nat*, as Signer begins to truly understand these revolutionary wine producers upending the industry, their deep commitment to making their wine with integrity and with as little

intervention as possible, she is smacked with the realization that unless she faces, head-on, her own issues with commitment, she will not be able to live a life that is as freewheeling, unpredictable, and singular as the wine she loves.

### The Esther Anointing

Penguin

A revolutionary call to reawaken our bodies and minds to powerful healing through ecstatic movement • Shows how shaking medicine is one of the oldest healing modalities--practiced by Quakers, Shakers, Bushmen, Japanese, and others • Teaches readers how to shake for physical as well as spiritual therapeutic benefit • Includes a link to 40 minutes of ecstatic drumming audio tracks to use while shaking Shaking Medicine reintroduces the oldest medicine on earth--the ecstatic shaking of the human body. Most people's worst fear is losing control--of their circumstances, of their emotions, and especially of their bodies. Yet in order to achieve the transcendent state necessary to experience deep healing, we must surrender control. Examining cultural

traditions from around the world where shaking has been used as a form of healing--from the Shakers and Quakers of New England to the shaking medicine of Japan, India, the Caribbean, the Kalahari, and the Indian Shakers of the Pacific Northwest--Bradford Keeney shows how shaking can bring forth profound therapeutic benefits. Keeney investigates the full spectrum of the healing cycle that occurs when moving from ecstatic arousal to deep trance relaxation. He explains how the alternating movement produced while shaking brings all the body's energetic systems into balance. He includes practical exercises in how to shake for physical therapeutic benefit, and he shows how these techniques lead ultimately to the shaking medicine that both enables and enhances spiritual attunement. The book also includes a link to 40 minutes of ecstatic drumming audio tracks to use while shaking.

**The Routledge Handbook of Islam and Gender** New Harbinger Publications  
Rap music is often seen as a Black secular

response to pressing issues of our time. Yet, like spirituals, the blues, and gospel music, rap has deep connections to African American religious traditions. *Noise and Spirit* explores the diverse religious dimensions of rap stemming from Islam (including the Nation of Islam and Five Percent Nation), Rastafarianism, and Humanism, as well as Christianity. The volume examines rap's dialogue with religious traditions, from the ways in which Islamic rap music is used as a method of religious and political instruction to the uses of both the blues and Black women's rap for considering the distinction between God and the Devil. The first section explores rap's association with more easily recognizable religious traditions and communities such as Christianity and Islam. The next presents discussions of rap and important spiritual considerations, including on the topic of death. The final unit wrestles with ways to theologize about the relationship between the sacred and the profane in rap.

**Sweat Your Prayers** John Hunt Publishing  
"This book is a powerful tool to help you access

this deeper realm of consciousness and put it to work enriching your life . . . immediately."

—August Gold, author of *The Prayer Chest #1* Bestseller in New Age & Spirituality, *Graphology, Parapsychology, Handwriting Analysis, Creativity, and Journaling* Janet Conner is a writer, poet, and spiritual field guide, but first and always a deep spiritual soul explorer. Since she discovered how to activate a divine Voice by slipping into the theta brain wave state (border between the conscious and the subconscious) while writing, Janet has dedicated herself to exploring and sharing what it means to live at the vibrant intersection of the visible and the invisible. After hitting rock bottom while escaping domestic abuse, Janet's inner voice told her to start writing. As she wrote, she gained clarity and strength, and felt an incredible connection to the divine. Today, research scientists are providing peeks into consciousness and how it works. Their findings give clues about what is happening in our bodies, minds, and spirits as we roll pen across paper. *Writing Down Your Soul*

explores this research and instructs how to access the power and beauty of our deepest selves. If you want to engage in a vibrant conversation with the wisdom that dwells just below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within. "If you think this book is not for you because you are a writer and don't need another writing book, think again!" —Sherry Richert Belul, author of *Say it Now*

### **Movement Medicine**

Oxford University Press  
This is the book to go with The Oracle Cards created by Caroline Carey and Brenda May. The book 'The Oracle: Middle Earth Medicine,' describes 52 stages of growth through 'The Wheel Of Souls Return.' It includes black and white images that have been created for each stage, poetry to touch the heart and soul of the one who explores and then writing on each of these stages to deepen your search. The cards are available separately from Middle Earth Medicine Ways. *Awakening to the Dance* Blackstone Publishing

Unlock your inner potential with the enneagram. The enneagram, a personality assessment tool with sacred roots, offers an opportunity to improve your life and relationships through self-awareness and understanding of others. Based on nine core personality types, the enneagram reveals how your personality type and its associated traits can influence your relationships, work habits, and goals. With simple explanations and illustrations, *Enneagram Empowerment* gives you the tools to transform. • Identify your enneagram type • Learn about the defining characteristics of each type • Find out how your personality traits can influence your daily habits and interactions • Discover how to embrace the strengths of your type and overcome your weaknesses • Improve your relationships by deepening your understanding of others  
Divine Nourishment  
Trafalgar Square Books  
What does it take for us to become our authentic selves? In her memoir, Georganne Spruce, a woman who chooses to define herself rather than follow society's stereotypes, searches for

an authentic identity, creative expression, and a spirituality that uplifts her. On this journey, this dance of life, she learns to release her fear, express her deepest thoughts, heal her body, stand strong in relationships, and find her spiritual core. As a teacher, she strives to empower those she teaches. This book is more than one woman's story, for Georganne shares the tools, practices, dreams, and insights she has used to transform life's challenges into a life she loves.  
*Blood Sugar Dog Ear Publishing*  
*Divine Nourishment A Woman's Sacred Journey with Food* Did you realize that living and eating seasonally is actually a map for transformation that brings health and balance on the physical, emotional AND spiritual levels? *Divine Nourishment* offers superb support in reclaiming lost and rejected aspects of ourselves. Learn how to recognize your authentic self through the eyes of nature as you deepen your relationship with the natural rhythm and flow of life. Ground and nourish yourself according to the Earth's wisdom while healing the

collective wounding of the feminine that perpetuates the imbalance in our culture. Apply practical daily use of healthy organic seasonal foods, recipes, potions, tonics, practices, and cleanses that are nourishing and appropriate for alignment with the seasonal journey. "Mary Lane infuses her cooking, her thinking, her dance on this earth with exquisite feminine grace and wisdom." Gabrielle Roth, author of *Sweat Your Prayers* & creator of 5Rhythms(R) "Mary is a wonderful chef, plant spirit medicine practitioner, lover of nature, and world traveler. Her book is a mystical-made-physical journey into the depths of self, body, and spiritual connection. This long-awaited treasure holds such a simple key to satisfying a deep spiritual connection: nourishing ourselves, body, mind, and spirit, as well as connect with Mother Earth through the sacred act of nourishment. I love, love, love the book, though I have to admit reading of the 'wounding' absolutely tore me apart... truly from the heart." Dianne Seale "Mary's book offers us a brilliantly conceived and richly layered compilation of the wisdom of the ages.

Mary's offering draws from her many years of study as well as from her own experience and direct communication with the Divine. Ranging from a profound explanation of the very forces of Creation to practical suggestions for embodying these forces in daily life, Mary's book is a true guide for healing and restoring the Divine Feminine within us and in our world." Katia Wolf "Finally.....I am sitting in my room in Rome and using the extraordinary early awakenings to read Mary's book in total...not just fragments allowed to me over the last few months. I am touched by the passion of her conviction and knowledge and opened to tears of recognition of dynamics long left without words. She has had some amazing journeys that I am thrilled to read about again in book form. It gives outline to a journey that often can be daunting as there is no map for this ride However, she tells it with the grace of hindsight with all of the trials and glory, highs and lows that come with this human form with a desire and commitment to live a spiritual life. Kudos to Mary and the healing for those who come to read

her story." Stevie Gayle **Noise and Spirit** Simon and Schuster From a New York Times-bestselling historian comes the story of how the alphabet ordered our world. *A Place for Everything* is the first-ever history of alphabetization, from the Library of Alexandria to Wikipedia. The story of alphabetical order has been shaped by some of history's most compelling characters, such as industrious and enthusiastic early adopter Samuel Pepys and dedicated alphabet champion Denis Diderot. But though even George Washington was a proponent, many others stuck to older forms of classification -- Yale listed its students by their family's social status until 1886. And yet, while the order of the alphabet now rules -- libraries, phone books, reference books, even the order of entry for the teams at the Olympic Games -- it has remained curiously invisible. With abundant inquisitiveness and wry humor, historian Judith Flanders traces the triumph of alphabetical order and offers a compendium of Western knowledge, from A to Z. *A Times (UK) Best Book of 2020* **Dreaming While Awake**

Tarcher

In *Earth Magic*, Steven Farmer offers a unique synthesis of ancient spiritual practices and philosophies that have proven over millennia to help heal the spiritual causes of physical and emotional illnesses, augment personal power, enhance manifestation abilities, and encourage a balanced and harmonious relationship with our Earth. Although the foundation for *Earth Magic* is universal shamanic wisdom, you don't need to have an interest in shamanism to benefit from its contents, as it expands beyond this topic to incorporate processes that are useful for all those with the sincere intention to heal themselves, others, and our planet.

*The Place of Dance*

Mascot Books

Eric Muller has been trying to hack the girlfriend problem his whole life. But his attempts to decode women - including a journal of 'research' about

the girls in his high school class that fell into the wrong hands, with catastrophic results - only confirm that he's better at programming computers than interacting with human beings. By 2002, Eric is a Silicon Valley millionaire. He's managed to coax girls into bed with overpriced cocktails, ironic remarks, and carefully timed intimacies. But hiding his insecurities behind wit and empathy gets lonely, and true love remains beyond his grasp. So when he falls for Maya Marcom, a beautiful and fiercely opinionated young journalist, and, miraculously, she falls for him too, he's in uncharted territory. But his perfect new girlfriend's past is troubled by something dark and unresolved that sends Eric's obsessive mind spiraling into confusion and doubt. Can he reconcile his need for order and logic with the mystery and chaos of love? Gabriel Roth was born and raised in London and educated at Brown University and at San Francisco State

University, from which he received a Master of Fine Arts in creative writing. For several years he was employed as a reporter and editor at the San Francisco Bay Guardian. He now works as a writer and software developer and lives with his family in Brooklyn, New York. *The Unknowns* is his first novel.

[textpublishing.com.au](http://textpublishing.com.au)

'Gabriel Roth is a natural.

This is a very assured first book - fast, funny, full of snappy dialogue, and never losing its poise even when it's glancing into the abyss. I think he's

a find.' Sebastian Faulks

'A wise and mature novel, a cool and contemporary

one. It announces the arrival of a bright new talent.'

Andrew O'Hagan

'A beautifully written and deeply intelligent novel.'

Alex Garland 'This is a debut novel by a skilful young writer and it is predictably slick, but as the story progresses the writing becomes less clever and more thoughtful.'

SMH/Age/Canberra Times