
May God Help Us Find Our Way

Gospel-Centered Discipleship
 Future Grace, Revised Edition
 My Time with God
 Embraced
 The Year of Living Happy
 I Love My Love
 Seeing and Savoring Jesus Christ (Revised Edition)
 A Sudden Glory
 Holding On When You Want to Let Go
 Praying Girls Devotional
 Unsinkable Faith
 The Practice of the Presence of God (□□□□□□)
 2Fish
 After the Rain
 No More Faking Fine
 A Better Way to Pray
 May God Help Us Find Our Way
 Holy Bible (NIV)
 Keeping Faith
 Praying God's Will for Your Life
 How to Pray
 God, Help Me
 Radical
 God Will Help You
 The Power of Birthdays, Stars & Numbers
 A Psalm for Us
 It's Not Supposed to Be This Way
 Encouragement for Today
 Hope Prevails
 Show Up for Your Life
 I Love Jesus, But I Want to Die
 In the Middle of the Mess
 Finding Your Way Back to God
 The Incredible Patience of God
 Put Your Warrior Boots On
 Eighteen Inches
 Knocking on Heaven's Door
 Praying the Scriptures for Your Life
 The Real Heaven
 5-Word Prayers

May God Help Us Find Our Way

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MCCONNELL GRACE

Gospel-Centered Discipleship Baker Books

Praying girls are strong girls, brave girls who know that their worth lies in who God says they are, girls who trust him and know that he always comes through. But how do we get our girls to see prayer as more than just a thing they do when they go to bed? How do we encourage them to see each moment spent with God as part of a larger conversation and a deepening of the most important relationship of their lives? With *Praying Girls Devotional*, bestselling author Sheila Walsh offers girls ages 11 to 14 the tools to begin a life of prayer. She helps them learn - to talk to God in a simple and honest way - how to pray when they don't know what to say - that God is listening and that no problem is too big and no prayer too small - that prayer is a powerful weapon for every girl - and so much more. If you long to see your daughters, granddaughters, nieces, and other girls in your life develop a strong prayer life, this beautiful two-color devotional makes the perfect gift for every girl.

Future Grace, Revised Edition Multnomah

Scripture reveals a God who meets us where we are, not where we pretend to be. *No More Faking Fine* is your invitation to get honest with God through the life-giving language of lament. If you've ever been given empty clichés during challenging times, you know how painful it is to be

misunderstood by well-meaning people. When life hurts, we often feel pressure--from others and ourselves--to keep it together, suck it up, or pray it away. But Scripture reveals a God who lovingly invites us to give honest voice to our emotions when life hits hard. For most of her life, Esther Fleece Allen believed she could bypass the painful emotions of her broken past by shutting them down altogether. She was known as an achiever and an overcomer on the fast track to success. But in silencing her pain, she robbed herself of the opportunity to be healed. Maybe you've done the same. Esther's journey into healing began when she discovered that God has given us a real-world way to deal with raw emotions and an alternative to the coping mechanisms that end up causing more pain. It's called lament--the gut-level, honest prayer that God never ignores, never silences, and never wastes. *No More Faking Fine* is your permission to lament, taking you on a journey down the unexpected pathway to true intimacy with God. Drawing from careful biblical study and hard-won insight, Esther reveals how to use God's own language to come closer to him as he leads us through our pain to the light on the other side, teaching you that: We are robbing ourselves of a divine mystery and a divine intimacy when we pretend to have it all together. God does not expect us to be perfect; instead, he meets us where we are. There is hope beyond your heartache, disappointment, and grief. Like Esther, you'll soon find that when one person stops faking fine, it gives everyone else permission to do the same.

My Time with God Multnomah

OVER 500,000 SOLD IN THE PRAYING THE SCRIPTURES SERIES Taking you on a 31-day journey rooted in Christ's words in John 15, *Praying the Scriptures for Your Life* will help you find guidance and peace as you pray through life's trickiest issues, from relationships to finances to what to do

with the pain of unanswered prayer. Discover how Scripture can be experienced, not just read! In one of his last conversations with his disciples, Jesus urged his followers to "remain" in him. But what does it mean to remain in Christ in our daily lives? In *Praying the Scriptures for Your Life*, popular Bible teacher Jodie Berndt invites you to experience deeper intimacy with Christ as you allow his words from John 15 to transform your perspective as well as your prayers. This reflective 31-day devotional: Gives insight into what it means to abide with Christ every day. Guides you in how to pray the Scriptures and let them shape your choices. Covers topics ranging from relationships to faith to money management. Shows how closeness with Christ equips you to bear fruit through your prayers. Is a reminder that you are created for connection with your heavenly Father. Teaches how abiding is the key to abundance. *Praying the Scriptures for Your Life* is the latest addition to the bestselling *Praying the Scriptures* series. With short, easy-to-read chapters, the book invites you to read, reflect, and respond as you pray the Scriptures over every area of your life. Discover the peace that comes from abiding in Christ as you sink deep into his Word.

Embraced Zondervan

A compassionate, shame-free guide for your darkest days “A one-of-a-kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized.”—Kay Warren, cofounder of Saddleback Church What happens when loving Jesus doesn’t cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to “choose joy” and “pray more.” So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you’re left wondering if God has abandoned you. You just want a way out. But there’s hope. In *I Love Jesus, But I Want to Die*, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, *I Love Jesus, But I Want to Die* offers a path toward a rich, hope-filled life in Christ, even when healing doesn’t look like what you expect.

The Year of Living Happy Crossway

For many people, remaining optimistic and feeling positive about themselves and their lives is a constant battle—especially when circumstances are difficult and life is hard. For others, negativity is something that only sneaks up from time to time, yet still wreaks havoc in their hearts. Regardless of the root causes, once pessimistic thoughts permeate our minds, our feelings and emotions begin to control us instead of us controlling them. Eventually it doesn’t seem possible to stay positive, happy, and full of joy, and negative thought patterns shake our faith, causing us to sink emotionally, mentally, and spiritually over time. But it doesn’t have to be that way. Despite what storms roll in, hearts anchored in God don’t sink. When we change the way we think, we can change the way we feel and live, even if our circumstances remain the same. Intentionally embracing the opportunity to experience a transformed heart and a renewed mind opens the door for a changed life, because a positive mind will always lead to a more positive life. In *Unsinkable Faith*, author and Proverbs 31 Ministries speaker Tracie Miles offers hope for women who struggle with negativity. Each chapter explores Tracie’s and other women’s personal stories, showing how they rose above their circumstances by transforming and renewing their minds. *Unsinkable Faith* is a breath of fresh air for anyone longing for a heart full of joy, an unbreakable smile, and a new, more optimistic perspective on life. This book will equip you to: Replace pessimism with positive thinking by becoming the captain of your thoughts; Learn how true joy and happiness are based on choice, not circumstances; Overcome unhealthy habits of negative thinking by intentionally implementing three easy mind-renewing steps; Stop feeling hopeless and pitiful, and start feeling hope-filled and powerful instead; and Discover that when you change the way you think, you change the way feel, and in turn you can change your life completely.

I Love My Love Revell

Neuropsychologist Offers Hope to Those Struggling with Depression As a board-certified neuropsychologist, Dr. Michelle Bengtson sees the devastation of depression. Early on, she practiced the most effective treatments and prescribed them for her clients. But when she experienced depression herself, she found that the treatments she had recommended were lacking. Her experience showed her the missing component in treating depression. In *Hope Prevails*, Dr. Bengtson writes with deep compassion, blending her training and faith, to offer readers a hope grounded in God’s love and grace. She helps readers understand what depression is, how it affects them spiritually, and what, by God’s grace, it cannot do. The result is an approach that offers the hope of release, not just the management of symptoms. For those who struggle with depression and those who want to help them, *Hope Prevails* offers hope for the future.

Seeing and Savoring Jesus Christ (Revised Edition) Zondervan

How do you turn your struggles into strengths? Beloved Bible teacher Sheila Walsh teaches readers how the daily spiritual practices of confession, meditation on God’s Word, and prayer result in fresh freedom in Christ. In her long-awaited book, Sheila Walsh equips women with a practical method for connecting with God’s strength in the midst of struggle. From daily frustrations that can feel like overwhelming obstacles to hard challenges that turn into rock-bottom crises, women will find the means to equip themselves for standing strong with God. Using the spiritual applications of confession, prayer, and meditation on Scripture to form a daily connection to Jesus, women will learn how to experience new joy as a child of God who is fully known, fully loved, and fully accepted. In *In the Middle of the Mess*, Walsh reveals the hardened defenses that kept her from allowing God into her deepest hurts and shares how entering into a safe place with God and practicing this daily connection with him have saved her from the devil’s prowling attacks. Though we will never be completely “fixed” on earth, we are continually held by Jesus, whatever our circumstances. Sheila Walsh acts as our guardian in *In the Middle of the Mess* as she shows us we’re not alone in our struggles, guides us through a courageous journey of self-discovery, and reminds us where to find hope, comfort, and strength in tough times.

A Sudden Glory Multnomah

In short, poignant verses, Reyna Biddy’s poems explore pain, emotional reckoning, and the power of self-love. The debut collection from 22-year-old poet Reyna Biddy, *I Love My Love* tells the story of Reyna’s childhood, her parents’ toxic relationship, and how, against all odds, she learned to love

herself.

Holding On When You Want to Let Go Zondervan

Everyday life can be demanding; it’s easy to become distracted by so many things that seem important. But in order to achieve the life God has planned for you, you have to make time for what’s most important - and the building block of a fulfilling life - your relationship with Him. In *My Time with God*, Joyce Meyer, #1 New York Times bestselling author, offers a practical way to spend time with God. Joyce shares powerful Scripture and personal illustrations that will help you experience the joy and peace that is gained through spending time with Him. You’ll begin to navigate life more effectively, make better decisions, and claim the wonderful life you were meant to lead, day by day.

Praying Girls Devotional Zondervan

Are you struggling today? Do you look back and long for what used to be, or are you looking ahead and have no idea what’s coming? Are you stuck in the middle of a mess because life has not turned out as you expected? When you run to God for answers, do you often feel like you aren’t getting them—or at least aren’t getting the answers you want? Are you holding on . . . but not sure how much longer you can? In times of not knowing, Sheila Walsh offers a lifeline of hope. With great compassion born of experience and hardship, Walsh comes alongside the hurting, fearful, and exhausted to remind us that we serve a God who is so much greater than our momentary troubles, no matter how insurmountable they feel. She doesn’t offer a quick fix. She offers a God fix. Sharing from her own painful struggles and digging deep into biblical stories of rescue, hope, and miracles, she gives you the strength to keep going, to keep holding on to God in a world turned upside down. The accompanying study includes 10 lessons to help individuals or groups dive deeper.

Unsinkable Faith Ballantine Books

A Psalm for Us is Reyna "Biddy" Mays's soulful collection of prose, self-affirmations, spoken word poems, and short stories exploring questions of faith and self.

The Practice of the Presence of God (Chronicle Books)

Take a daily step toward joy and contentment and ditch stress, overwhelming thoughts, and boredom with encouraging and biblical messages from Alli Worthington. You do your best to live life well—you work hard to be present in the moment, take care of the people in your life, knock it out of the park at work and home. And yet, somehow, you still have days (perhaps more than you’d like to admit) where you’re simultaneously stressed and bored, and you wonder if you even know how to be happy. Is happiness a worthy goal? Does happiness matter to God, or does He only care about holier things? Alli Worthington gets it. As a wife, mother of five boys, author, speaker, and entrepreneur, she knows a thing or two about being busy, stressed, and happy in the midst of a crazy world! Over the years, she’s seen how happiness gets a bad rap in Christian circles, and now she is standing up to shout the good news from the roof (or the internet, as the case may be): You are allowed to be happy! Yes, you! You can be happy right now! Join Alli for *The Year of Living Happy: Finding Contentment and Connection in a Crazy World*, and find the roots of your happiest life yet. Each of the 100 short and inspirational entries includes a thoughtful message from Alli, based on God’s Word practical ways to make your life happier day by day a journaling section This gorgeous book is an empowering gift for yourself or any woman you love. It can be used as a daily devotional or as a guided journal. Be part of this exciting message: Happiness and holiness can coexist for a beautiful life. Don’t miss the great big adventure God has for you. Let this be *The Year of Living Happy!*

2Fish David C Cook

"May God Help Us Find Our Way" a series of poems made with a special kind of curiosity and love.

After the Rain Multnomah

In *After the Rain*, celebrated self-care storyteller Alexandra Elle delivers 15 lessons on how to overcome obstacles, build confidence, and cultivate abundance. Part memoir and part guide, Elle shares stirring stories from her own remarkable journey from self-doubt to self-love. This soulful collection is filled with illuminating reflections on loss, fear, bravery, healing, love, acceptance, and more. • Readers follow along her journey as she transforms challenging experiences—a difficult childhood, painful romantic relationships, and single parenting as a young mom—into fuel for her career as a successful entrepreneur and author driven by purpose and passion • Filled with Elle’s signature candor and warmth • Includes empowering affirmations and meditations for readers to practice in their own lives *After the Rain* is a soulful guide to help you embrace all the beauty, love, and opportunity life has to offer. • Presented in luminous package with a foil case and gold accents • A beautiful gift for anyone on the path to self-discovery, and an uplifting reminder that there is always sunshine after the rain • Perfect for the friend who loves meditating, self-care, journaling, or seeking personal transformation and empowerment • Great for those who loved *Present Over Perfect* by Shauna Niequist, *100 Days to Brave* by Annie F. Downs, and anything written by Brené Brown, Rupi Kaur, Rachel Hollis, and Elizabeth Gilbert

No More Faking Fine Independently Published

These poems explore the distance between the head and the heart—and all of the pain, beauty, and hope in between. This book is one woman’s account of her longing to know herself fully. Her mind, body, and soul. This book might make you cry, fill you with nostalgia, empower you, or even give you hope. You might not see eye to eye with every idea inside, but with any luck you’ll see your soul reflected in its pages. You will question things. You will remember your past. You will be thankful for your present. You will dream a new dream. Above all, you will feel. Welcome to the journey of *Eighteen Inches*, a battlefield between a woman’s beat-up heart and her complex mind.

A Better Way to Pray Crossway

You Can Be a Spiritual Warrior Does it feel like the world has gone crazy and you're just along for the ride? From bombings to bullying, the world has us on pins and needles—afraid for our children, fearful for ourselves, worried that we won't have enough strength to stand our ground. But you don't have to start brave to stay strong. Inspirational author and speaker Lisa Whittle wants you to experience the joy and release of trusting in your Savior to help you live a God-ignited life. Find the tools you need to... confirm Truth and keep anti-biblical messages from misleading you develop passion for defending your beliefs without letting personal pride interfere outfit your days to support your faith so your dedication doesn't fizzle There's no better time than this moment to put on your warrior boots and discover the fearless life you've been called to live.

May God Help Us Find Our Way Harvest House Publishers

Heaven has received a lot of attention in recent years as bestselling books and movies have told the stories of people who claim to have been there. But what does the Bible actually say about heaven? What difference does it make? What happens the moment after we die? What will our relationships be like in heaven? Chip Ingram sets aside the hype and myths and digs into the Scriptures to discover what God actually wants us to know about the hereafter. Most importantly, Ingram shows why our understanding of heaven matters now, in this life. Because what we believe about heaven actually affects us today in ways we may not have imagined.

Holy Bible (NIV) Baker Books

We all experience disappointing setbacks, overwhelming loneliness, and paralyzing fear at some point in our lives. It sometimes seems as if nothing will help. In *God Will Help You*, New York Times bestselling author Max Lucado encourages us to trust in the God who is working miracles in the big and small things. With God, no setback is too big to solve, and no prayer goes unnoticed. God is still working. Each chapter offers reassurance through miracles big and small that He will meet us in the midst of life's messes. God will help if you feel anxious, solve your problems, through fear if you are stuck, when you are lonely, in daily life in illness, during grief, with guidance, to forgive God Will Help You is an interactive book: filled with biblical miracles and current stories thoughts to ponder, prayers, Scripture, and journaling prompts with space for reflection with an easy-to-read and easy-to-use design and a beautiful ribbon marker This book is a great self-purchase for anyone struggling with anxiety, loneliness, grief, or fear. *God Will Help You* is a thoughtful gift for anyone who has recently lost a loved one, needs an encouragement, endures a difficult season, or struggles with daily stressors.

Keeping Faith Hyweb Technology Co. Ltd.

"God, if you're real, make yourself real to me." Each of us spends our lives on a journey toward God. Yet often our most deeply felt longings—for meaning, for love, for significance—end up leading us away from, instead of toward, our Creator and the person he made us to be. *Finding Your Way Back to God* shows you how to understand and listen to your longings in a whole new way. It's about waking up to who you really are, and daring to believe that God wants to be found even more than you want to find him. It's about making the biggest wager of your life as you ask God to make himself known to you. And it's about watching what happens next.

Praying God's Will for Your Life Thomas Nelson

What does the woman you'll be tomorrow want you to know today? *Show Up for Your Life* by gifted writer, speaker, and worship leader Chrystal Evans Hurst will help young women ages 13 and up stop worrying about the small stuff and start embracing who they are in God's eyes. From Chrystal Evans Hurst, popular author of the adult title *She's Still There*, comes *Show Up for Your Life*, a book that empowers young women to appreciate their divinely created uniqueness instead of comparing themselves to others. *Show Up for Your Life* helps young women ages 13 and up: Remember all the positives in their life now and not get stuck in anxiety over the future Recognize their unique, God-given gifts Deal with distractions that throw them off course from God's plan for them Stop comparing themselves to others Chrystal shares her own stories that will inspire young women to stop worrying—whether it's about how to dress, who they hang with, or any of the other daily ups and downs of life—and face every day with an attitude of mindfulness and gratitude. Inside *Show Up for Your Life*, readers will love: Chrystal's conversational tone, honesty, and humble wisdom The interactive sections at the end of each chapter that summarize what you should remember, pose questions to encourage reflection, provide a responsive activity to do individually, and provide Scripture verses to guide growth