
Beyond Pregnancy Loss From Heartbreak To Healing

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Beyond Goodbye

The Worst Girl Gang Ever: A Survival Guide for Navigating Miscarriage and Pregnancy Loss

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I Never Held You Zondervan

This book is a review of the author's experience in counselling hundreds of women for abortion-related emotional problems. Dr Burke exposes the obstacles in the way of post-abortion healing, reviews the full range and depth of post-abortion adjustment problems, and illustrates how we can create a more understanding and healing society. -- book cover.

Asking for a Pregnant Friend Hachette Go

This book is a simple book of love written for you, a mom pregnant again after loss, from other loss moms who have been where you are now. In the pages of this book, we share letters of love from our hearts to yours with the hope that, maybe, in the darkest, loneliest hours of grief and fear, you will find a little bit of comfort in the words offered here. Our deepest desire is for you to know that you are not alone. We are with you. When needed, let us carry your hope for you when it feels impossible to find. Let us wrap you in love and be a light in the darkness as you carry both hope and fear and engage in the most courageous act - to choose for life after you have known death.

Beyond Pregnancy Loss Spring

I Never Held You is a supportive book about miscarriage, grief, healing and recovery. It is helpful for those who have just suffered a miscarriage, or for women who lost their babies years ago when there was little, if any, support. Join author Ellen DuBois as she shares her journey- from the initial shock of learning her baby had passed away to reaching a place of healing and accepting her new normal. She never forgot her unborn baby and he continues to touch her life in countless ways. Dr. Linda Backman contributed the foreword and several chapters as both a licensed grief counselor and a woman who survived the loss of her son Adam, born at 26 weeks who lived for about an hour. Her heartbreaking loss is what led her to become a grief counselor and more. Also included in this book are four touching stories from women who miscarried. The second half of the book focuses on things the

author found helpful in healing. She says: "Take what works for you, leave what doesn't, and remember to take one day at a time. There is no time frame on grief. Your loss matters, and so do you." Companion miscarriage support site at miscarriagehelp.com
Beyond Goodbye HarperCollins UK

Have you ever looked in the mirror and not recognized the person looking back at you? Have you ever looked at your body and thought you were facing your own worst enemy? Have you ever thought you had hit rock bottom only to discover you had further to fall? It's time to heal and save yourself. It's time to rise up and thrive. We live in a world where help is readily available, but is it the kind we are seeking? In *Broken to Blessed* Angela Dawes tells her own heart-rending story of survival and triumph: battling an eating disorder and the negative self-image at its root, enduring grief at the untimely and unexpected death of her father, and surviving repeated heartache as she suffered four miscarriages. With unflinching honesty, she tells how she overcame obstacles, found strength within herself, and opened her heart. Readers of *Broken to Blessed* will come away from the author's story inspired and confident that they too can find hope in healing.

Interrogating Pregnancy Loss: Feminist Writings on Abortion, Miscarriage and Stillbirth Zondervan

From an esteemed author known for battling gender norms and bringing down "man up" culture, comes this essential guide for men and those who love them. Miscarriage, infertility, and abortion are generally considered women's issues—and while they are far from uncommon in our society, open conversations surrounding those topics are exceedingly rare. They're seen as taboo, even distasteful. And that's just for women. When it comes to men and how they are impacted by these issues, it's almost complete radio silence. It's not that men don't think about these things or aren't affected—after all, they make up half of most couples experiencing these issues—it's that toxic masculinity and gender stereotypes in our society tell men that suffering in silence equals strength and expressing emotions is weakness. It's men not knowing how to feel, how to express those feelings, or if they're even allowed to feel this trauma beyond supporting their partner. In *Men and Miscarriage*, husband and wife Aaron and MJ

Gouveia ask men (and others) these questions directly. Using their own personal experiences enduring four miscarriages and a medically-necessary abortion combined with interviews of people from all different backgrounds and walks of life, the couple sheds light on how these topics influence men, women, their relationships, their mental health, and examines the shame and stigma too often associated with pregnancies that don't go as planned.

Broken to Blessed Orion Spring

**Winner of Author of The Year at The Butterfly (Baby Loss)

Awards** For all parents and family managing the emotional battlefield of baby loss. When my baby died my whole world changed forever. I was left full of love, yet deeply heartbroken and faced with the task of living without my most precious longed for treasure. Following a fraught journey of trying to conceive again, two subsequent miscarriages, and an anxiety fuelled pregnancy after loss, I was finally able to welcome my baby girl into the world. This is the book I wish I'd been given - it will help you to not only survive the loss of your baby but to celebrate the life they had, no matter how brief. This is my hard won gift to you. Losing a child is one of the most devastating events you can go through and yet, losing your baby - particularly before they are born - remains a taboo and often misunderstood topic. In this very gentle guide, Nicola Gaskin opens up the conversation around baby loss offering raw, honest and deeply empathetic support to all parents. From coping with the initial shock, finding ways to overcome jealousy and anger, surviving birthdays and Mother's Day, through to living with everlasting grief and the fresh round of grief and anxiety that comes with parenting after loss, it will help you to navigate through a huge range of intense and complex emotions. Beautifully written and powerfully illustrated, this book will hold your hand through your darkest and lightest moments: read it to know you are not alone and that all your feelings are absolutely valid.

The Heart's Invisible Furies Createspace Independent Publishing Platform

The loss of a baby, however it occurs, can be heartbreaking and painful and leave parents in need of support as they grieve. While

awareness about baby loss is increasing, the suffering and sadness, isolation and loneliness parents feel is often invisible and it can be hard for them to reach out, and for those around them to know how best to support them. *Why Baby Loss Matters* explores what happens when families experience baby loss or the end of a pregnancy, drawing on the first-hand experiences of parents who have navigated life and the fourth trimester without their baby, and the vital work of charities and services which offer support. By examining different approaches to coping with the loss of a baby and keeping memories alive, the book offers insight into the ways that families have found the support and peace that they need to continue living after saying goodbye.

The Baby Loss Guide David C Cook

Whereas biomedical and feminist literature treat abortion, miscarriage, and stillbirth as differently conceptualized events, this collection explores the connections between these three categories. How have feminist debates and strategies around reproductive choice invigorated the cultural conversation about miscarriage and stillbirth? How can we imagine more nuanced engagements with the spectrum of experiences that are at stake when a pregnancy ends? And how can we effectively create a space where pregnant people contend with the ways that loss makes meaning for those who grieve and/or celebrate the end of pregnancy? This collection centres pregnancy loss as an embodied and social phenomenon within a framework that understands pregnancy as a process with no guaranteed outcomes. *Interrogating Pregnancy Loss* considers pregnancy as an epistemic source, one that has the capacity to reveal the limits of our collective assumptions about temporality, expectation, narrative, and social legitimacy. By interrogating loss, this collection argues that the lessons learned from loss have the capacity to serve our collective understandings of both the expected and unexpected rhythms of social and reproductive life.

Empty Arms Aeon Books

The loss of a baby is one of the most acute losses a person can experience. In this helpful book, Louis A. Gamino and Ann Taylor Cooney address both miscarriage and stillbirth and the grief implications of each. They offer comfort to mothers, fathers, and families who must find ways to recognize their bond with the child who died and then move forward with their lives.

Florence Adler Swims Forever Abingdon Press

Named Book of the Month Club's Book of the Year, 2017 Selected one of New York Times Readers' Favorite Books of 2017 Winner of the 2018 Goldsboro Books Glass Bell Award From the beloved New York Times bestselling author of *The Boy In the Striped Pajamas*, a sweeping, heartfelt saga about the course of one man's life, beginning and ending in post-war Ireland Cyril Avery is not a real Avery -- or at least, that's what his adoptive parents tell him. And he never will be. But if he isn't a real Avery, then who is he? Born out of wedlock to a teenage girl cast out from her rural Irish community and adopted by a well-to-do if eccentric Dublin couple via the intervention of a hunchbacked Redemptorist nun, Cyril is adrift in the world, anchored only tenuously by his heartfelt friendship with the infinitely more glamorous and dangerous Julian Woodbead. At the mercy of fortune and coincidence, he will spend a lifetime coming to know himself and where he came from - and over his many years, will struggle to discover an identity, a home, a country, and much more. In this, Boyne's most transcendent work to date, we are shown the story of Ireland from the 1940s to today through the eyes of one ordinary man. *The Heart's Invisible Furies* is a novel to make you laugh and cry while reminding us all of the redemptive power of the human spirit.

Buried Dreams New Leaf Publishing Group

Infertility affects nearly 6.1 million women and 2.1 million married couples in the United States. Additionally, 25 percent of women of childbearing age will experience a miscarriage and one in 80 pregnancies will end in a stillbirth. In *Hope Deferred*, we hear the voices of five female scholars from a variety of Christian denominations--Church of the Brethren, Disciples of Christ, Lutheran, Presbyterian, and Roman Catholic--as they share their very private stories of painful loss in the hope of bringing comfort and a theological understanding to those who have experienced reproductive loss.

Beyond Goodbye Demeter Press

Now with updated content. "I'm not picking up a heartbeat." These are the most dreaded words an expectant mother can hear. As joy and anticipation dissolve into confusion and grief, painful questions refuse to go away: Why me? Did I do something wrong? How will this affect my ability to have a family? What do I say to my children without scaring them? With the warmth and compassion of a Licensed Professional Counselor and writing as a

mother who has suffered the loss of a baby and a sixteen-year-old son, Pam Vredevelt offers sound answers and advice. As an expert in love and loss, Pam gives reassuring comfort to any woman fighting to maintain stability and faith in the midst of devastating heartbreak. *Empty Arms: Hope and Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy* is the essential guidebook for anyone suffering the agony of losing a baby.

Silent Grief Penguin

Almost 200,000 couples in America each year suffer through the tragedy of miscarriage. And that statistic only tells us about first trimester miscarriages. The emotional pain of longer-term miscarriages, and the untold numbers of mothers and fathers who keep silent about their hurt, make this form of child loss especially cruel. But in *Silent Grief*, author Clara Hinton brings a clear message of hope through the cold mourning. Writing of her own grief, and interviewing scores of women and men, she offers not pat answers, but instead show us this: You are not alone.

A Rose in Heaven FriesenPress

Finding hope when faced with the devastating loss of your most precious dreams. At 20 weeks pregnant, Lindsey Dennis and her husband were told the child she was carrying would not live due to a fatal diagnosis. Later, in another stunning blow, they were told the same news with her second pregnancy. They chose to celebrate both lives alongside a community, both local and online, of hundreds of thousands as she carried each child to term only to bury them 14 months apart from each other. Through the crushing of their hopes and dreams, they came to know the kind of resurrection hope that can rise from the grave. This experience of infant loss revealed to Dennis how sorrow and suffering are instruments in the hands of God to forge in us a greater joy and hope than one can ever know. This kind of joy can only be discovered when we walk through the deep pain of burying our most precious dreams. *Buried Dreams* offers an uplifting perspective, sharing how devastating loss of personal dreams can give way to unimaginable hope and how death can give way to life. Framing her own story of staggering loss and soaring hope with biblical perspective, Dennis highlights that we can never plan for the unexpected turns of this life that sometimes lead to great personal suffering, but we can reach for the One who is there with us in the loss. Product Features: Shares how unrealized dreams

can give way to unimaginable hope. Shows how sorrow and suffering are instruments in the hands of God. Rekindles hope for those who have experienced loss.

Expecting Sunshine Forever

When the anticipation of your child's birth turns into the grief of miscarriage, tubal pregnancy, stillbirth, or early infant death, no words on earth can ease your loss. But there is strength and encouragement in the wisdom of others who have been there and found that God's comfort is real. Having experienced three miscarriages and the death of an infant son, Kathe Wunnenberg knows the deep anguish of losing a child. *Grieving the Child I Never Knew* was born from her personal journey through sorrow. It is a wise and tender companion for mothers whose hearts have been broken--mothers like you whose dreams have been shattered and who wonder how to go on. This devotional collection will help you grieve honestly and well. With seasoned insights and gentle questions, it invites you to present your hurts before God, and to receive over time the healing that He alone can--and will--provide. Each devotion includes: * Scripture passage and prayer * "Steps Toward Healing" questions * Space for journaling Readings for holidays and special occasions also included

Why Baby Loss Matters Harper Horizon

Beyond Goodbye guides you through your darkest days of suffering and offers hope for your future... Grief can leave us feeling alone and lost in the world, not knowing where to turn for help. And yet grief is one of the few certainties in life - it is impossible to experience love without suffering loss. Leading grief expert Zoë Clark-Coates examines the different losses we may endure in our lives, and provides the much-needed support that helps you navigate your own path through loss. From losing loved ones - parents, partners, children, siblings, family members and friends - to answering the most common questions that are asked in this time of mourning and beyond, Zoe tackles topics that are rarely discussed but essential to address. *Beyond Goodbye* balances practical advice with personal stories and emotional support. It explores common myths around loss, and offers advice for those supporting the bereaved. Zoe's caring and compassionate guide includes a unique 60 day support plan to guide you on your way. *Beyond Goodbye* will be a beacon of hope to all who read it.

Unbreak My Heart Simon and Schuster

Tens of thousands of women and families every year lose a baby to miscarriage, stillbirth, or infant death. The statistics are sobering--between 10% and 20% of pregnancies end in miscarriage, 1% in stillbirth, and nearly 23,000 babies die before their first birthday--but statistics alone miss the depth of the hurt. Each loss is personal and devastating. No woman is prepared to lose a baby, and caregivers are often unaware of how best to help. In *Hope Beyond an Empty Cradle* therapist Hallie Scott first shares her own story, as a mother whose only child, Abigail, was stillborn, and then leads readers through a healing process that makes space for heartbreak, despair, guilt, questions, and anger. Life is never the same in the wake of the loss, but a new normal is possible. The book will be a welcome resource for families who have lost a child, as well as for those seeking to care for them in their traumatic grief.

Not Broken Wipf and Stock Publishers

BEYOND GOODBYE is split into two sections: the first examines different types of loss and the second provides a practical 60-day support guide. The issues covered range from the loss of loved ones (parents, partners, children and friends). The book will answer common questions the author is asked each week, including how to survive the initial period after loss and how to support yourself or someone else immediately after a death. Zoe will tackle topics that are rarely discussed, including how to maintain intimacy following loss and how to return to work when grieving. The book also addresses myths and misconceptions about grief.

Loved Baby Pinter & Martin Ltd

"The perfect summer read" (USA TODAY) begins with a shocking tragedy that results in three generations of the Adler family grappling with heartbreak, romance, and the weight of family secrets over the course of one summer. *A New York Times Book Review Editors' Choice * One of USA TODAY's "Best Books of 2020" * One of Good Morning America's "25 Novels You'll Want to Read This Summer" * One of Parade's "26 Best Books to Read This Summer" Atlantic City, 1934. Every summer, Esther and Joseph Adler rent their house out to vacationers escaping to "America's Playground" and move into the small apartment above their bakery. Despite the cramped quarters, this is the apartment where they raised their two daughters, Fannie and

Florence, and it always feels like home. Now, Florence has returned from college, determined to spend the summer training to swim the English Channel, and Fannie, pregnant again after recently losing a baby, is on bedrest for the duration of her pregnancy. After Joseph insists they take in a mysterious young woman whom he recently helped emigrate from Nazi Germany, the apartment is bursting at the seams. Esther only wants to keep her daughters close and safe but some matters are beyond her control: there's Fannie's risky pregnancy—not to mention her always-scheming husband, Isaac—and the fact that the handsome heir of a hotel notorious for its anti-Semitic policies, seems to be in love with Florence. When tragedy strikes, Esther makes the shocking decision to hide the truth—at least until Fannie's baby is born—and pulls the family into an elaborate web of secret-keeping and lies, bringing long-buried tensions to the surface that reveal how quickly the act of protecting those we love can turn into betrayal. "Readers of Emma Straub and Curtis Sittenfeld will devour this richly drawn debut family saga" (Library Journal) that's based on a true story and is a breathtaking portrayal of how the human spirit can endure—and even thrive—after tragedy.

Rebirth She Writes Press

From an expert counselor, a compassionate, comprehensive guide to healing, conception, and pregnancy after loss of a baby. The challenges of having another pregnancy after loss can be extensive from a physical/medical standpoint alone, but no more so than the emotional and psychological hurdles. Therapist and social worker Joey Miller has counseled women and their families on exactly these matters for nearly twenty years. She brings deep compassion, knowledge, and wisdom of both the emotional and physical roller coasters to help women and their partners tackle all the tough issues: How to talk to your doctor How to handle the emotional fallout, including dealing with your children, family members, and friends Physical assessments and considerations How to get the emotional support you need Support for partners/spouses and more Other than personal accounts of pregnancy after loss, no other book addresses what to expect when expecting goes horribly wrong . . . and then beyond. *Rebirth* provides a road map for that journey. With concrete help navigating the immediate aftermath of tragedy and the difficulties re-acclimating to a very fertile world to the very mixed emotions

of grieving while trying to conceive, Rebirth addresses the inconceivable with deep empathy and practical wisdom.