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*Professional Autobiography Sample*

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## **MCAHON BRICE**

**700 Sundays** Andrews McMeel Publishing

Award-winning Arab Australian poet Omar Sakr presents a pulsating collection of poetry that interrogates the bonds and borders of family, faith, queerness, and nationality. Visceral and energetic, Sakr's poetry confronts the complicated notion of "belonging" when one's family, culture, and country are at odds with one's personal identity. Braiding together sexuality and divinity, conflict and redemption, *The Lost Arabs* is a fierce, urgent collection from a distinct new voice.

**Reaching for the Moon** Createspace Independent Pub

A revolutionary guidebook to achieving peace of mind by seeking the roots of human behavior in character and by learning principles rather than just practices. Covey's method is a pathway to wisdom and power.

**UNMUTE!** Taylor & Francis

Journey through history as nine women make their escape from some of life's greatest challenges. West Indies, 1655: Temperance only wanted a better life. Instead, she's sold as an indentured servant. Atlantic Ocean, 1755: Charlotte is deported to the British colonies for her father's crimes. Virginia, 1850: With her life in peril, Lettie seeks escape from slavery. Barbary Coast, 1873: Goldie must pay the cost of her upbringing - or work at her guardian's brothel. Can these captive hearts, and five others, be freed to dream, to dare, to love? Book jacket.

*Last Lecture* TOPSELLER

*Clear Your Head Trash* is your essential road map to confront and conquer the fears, stresses and anxieties that prevent you from thinking clearly, doing your best and living with confidence. The Head Trash Clearance Method will help you to reclaim your headspace so that you can enjoy your life and work. Includes bonus online materials!

**Mark Twain's Autobiography** BPP Learning Media Limited

Finding work in a today's changing times is like fighting a war. The "winning side" in this "war" is the one that knows how to position itself where it has the advantage, the "ground of its own choosing."

*Marathon Woman* Simon and Schuster

'The complete guide to creating your personal memoir.'

**The Captive Brides Collection** Atheneum Books for Young Readers

Selected from Mark Twain's typescript.

*My Autobiography* Turtleback

*The Tongue and Quill* has been a valued Air Force resource for decades and many Airmen from our Total Force of uniformed and civilian members have contributed their talents to various editions over the years. This revision is built upon the foundation of governing directives and user's inputs from the unit level all the way up to Headquarters Air Force. A small team of Total Force Airmen from the Air University, the United States Air Force Academy, Headquarters Air Education and Training Command (AETC), the Air Force Reserve Command (AFRC), Air National Guard (ANG), and Headquarters Air Force compiled inputs from the field and rebuilt *The Tongue and Quill* to meet the needs of today's Airmen. The team put many hours into this effort over a span of almost two years to improve the content, relevance, and organization of material throughout this handbook. As the final files go to press it is the desire of *The Tongue and Quill* team to say thank you to every Airman who assisted in making this edition better; you have our sincere appreciation!

*Our Autobiography* National Geographic Books

Have virtual meetings become the most dreaded part of your workday? You open your calendar and feel your heart rate spike as you stare at them. Virtual meeting after virtual meeting, replete with all-to-familiar irritations: technical glitches, awkward conversations, Bob's nose hairs. (Seriously,

doesn't Bob know his camera is pointed right up his nose?) Like it or not, being able to mug for the webcam is now an important addition to your CV. But there's more to having a good videoconference than turning on your webcam. And UNMUTE! will show you how to do it. In this hilarious and fast-paced book, communication expert Lauren Sergy takes you on a deep-dive into virtual meetings: what works, what doesn't, and how to make the most of this communication medium without it taking over your life. With energy, wit, and a bucketful of relatable stories, Lauren will help you - Polish not-so-small on-camera skills like eye contact, gesture, and speaking mannerisms - Set up your virtual meeting space like a pro...without turning your office into a production studio - Boost meeting attendees' focus and engagement - Manage those annoying technical glitches - Dial down your stress and kick Zoom Fatigue to the curb UNMUTE! is a must-read book for anyone who uses videoconferencing at work. You and your colleagues can master virtual meetings; it's time to take action!

*Verity* Grand Central Publishing

The #1 New York Times bestseller. Over 20 million copies sold! Translated into 60+ languages! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. *Atomic Habits* will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

*Delegating Work* Simon and Schuster

"In this definitive guide to the ever-changing modern workplace, Kathryn Minshew and Alexandra Cavoulacos, the co-founders of popular career website *TheMuse.com*, show how to play the game by the New Rules. The Muse is known for sharp, relevant, and get-to-the-point advice on how to figure out exactly what your values and your skills are and how they best play out in the marketplace. Now Kathryn and Alex have gathered all of that advice and more in *The New Rules of Work*. Through quick exercises and structured tips, the authors will guide you as you sort through your countless options; communicate who you are and why you are valuable; and stand out from the crowd. *The New Rules of Work* shows how to choose a perfect career path, land the best job, and wake up feeling excited to go to work every day-- whether you are starting out in your career, looking to move ahead, navigating a mid-career shift, or anywhere in between"--

*Preparing the Perfect Medical CV* Simon and Schuster

This no-nonsense approach to healthy detoxing by certified holistic health coach and blogger Megan Gilmore offers 100 delicious and properly combined recipes for breakfast, lunch and dinner,

including smoothies, snacks and desserts to help you lose weight and feel great. Each recipe is gluten- and sugar-free and include vegan, vegetarian and grain-free alternatives. Whilst most diets and detoxes require all-or-nothing approaches which encourage unhealthy cycles of restriction followed by bingeing, Everyday Detox takes a realistic, sensible approach to healthy eating and weight loss. The simple, delicious recipes, such as Coconut Banana Muffins, Cauliflower Fried Rice, Baked Spaghetti and Double Chocolate Brownies, will help you to discover the benefits of using all-natural, wholefood ingredients that not only promote good health but stave off feelings of hunger and deprivation. And since each recipe has been designed to promote good gut health while gently removing toxins, you won't feel bloated or uncomfortable after eating. Packed with invaluable advice on how to stock a detox-friendly kitchen, and a handy food combination cheat sheet to help you to enjoy the benefits – and the results – of Everyday Detox without delay, this is an essential no-fuss approach to looking and feeling great!

[How to Write a KILLER LinkedIn Profile... And 18 Mistakes to Avoid](#) Harper Collins

A clear and time saving guide which details how to prepare a high quality Medical CV for applicants at all stages of their Medical Careers.

**Indies Unlimited: Authors' Snarkopaedia** Xlibris Corporation

She was a modern-day Shirley Temple, but at the age of nine Drew Barrymore was drinking alcohol. At ten she took up marijuana, and by twelve she began snorting cocaine. Here is her gripping, heart-wrenching story--a story of a childhood gone awry and a young woman battling to restore order to her chaotic life.

[Let Love Have the Last Word](#) Harvard Business Press

John C. "Jack " Briggs was named professor emeritus upon his retirement from the University of South Florida. He is now affiliated with the Department of Fisheries and Wildlife at Oregon State University. He and his wife Eila, a retired economics professor, spend their summers in Oregon and winters in Indio, California. Jack's research interest is primarily in evolutionary biology. His studies in early years were devoted to fish life history and systematics. Work on systematics led to an interest in the evolutionary implications of biogeographic patterns. Work on contemporary patterns of distribution and biodiversity led to the study of paleobiology and the historical development of such patterns. To date, he has produced 150 publications, including six books or monographs. In 2005, he received the Alfred Russel Wallace Award from the International Biogeography Society for his lifetime contributions to biogeography. In addition to his scientific works, he has published a science-fiction book written for his grandchildren *A Mesozoic Adventure*, Xlibris, Philadelphia, 2007. The present work *A Professorial Life* is both a professional autobiography and a concurrent account of family life.

[Clear Your Head Trash](#) First Avenue Editions™

From the powerhouse blogger behind Detoxinistadotcom, here are 100 quick, affordable, and delicious whole-food recipes that make it easy for you and your family to follow a healthy lifestyle. In *No Excuses Detox*, Megan Gilmore presents a collection of satisfying, family-friendly recipes developed with speed, convenience, and optimum digestion in mind. Because enjoying what you eat

on a daily basis is crucial to maintaining health goals, these recipes for comfort food favorites--from Freezer Oat Waffles, Butternut Mac n' Cheese, Quinoa Pizza, Loaded Nacho Dip, and Avocado Caesar Salad to Frosty Chocolate Shakes, No-Bake Brownie Bites, and Carrot Cake Cupcakes--taste just as good as their traditional counterparts, but are healthier versions packed with nutrients. Megan Gilmore sharply identifies many of the reasons people fail to stick to a healthy diet--too busy, budget conscious, cooking for picky eaters, concerns about taste or fullness, and more--addressing them head on and offering simple solutions. This beautifully packaged and artfully photographed book gives readers no excuse to not eat well year-round.

**The Lost Arabs** Macmillan Reference USA

Smith is one of the few who can recount old-time birthing ways.

[Everyday Detox](#) Thorndike Press Large Print

Between 1771 and 1790, American Founding Father Benjamin Franklin sat down to record the important events of his life, from his childhood in Boston to his work as a printer in Philadelphia, to his trips to Paris and his plans for the first public library. The story of the invention of the Franklin stove, the first Poor Richard's Almanac, and his experiments with electricity are all included here. His "Project for Moral Perfection"—a list of desirable virtues and steps to achieve them—influenced the modern self-help genre. Hundreds of years later, Franklin's account of his rise from middle-class obscurity to become a world-renowned scholar and civic figure continues to promote the American Dream. First published in 1791, this unabridged version of Franklin's autobiography is taken from the 1909 copyright edition.

[The Tongue and Quill](#) Random House

The gripping first installment in New York Times bestselling author Tahereh Mafi's *Shatter Me* series.

One touch is all it takes. One touch, and Juliette Ferrars can leave a fully grown man gasping for air. One touch, and she can kill. No one knows why Juliette has such incredible power. It feels like a curse, a burden that one person alone could never bear. But *The Reestablishment* sees it as a gift, sees her as an opportunity. An opportunity for a deadly weapon. Juliette has never fought for herself before. But when she's reunited with the one person who ever cared about her, she finds a strength she never knew she had. And don't miss *Defy Me*, the shocking fifth book in the *Shatter Me* series!

[Little Girl Lost](#) Munds Park Publishing

A new edition of a sports icon's memoir, coinciding with the 50th anniversary of Kathrine Switzer's historic running of the Boston Marathon as the first woman to run. In 1967, Kathrine Switzer was the first woman to officially run what was then the all-male Boston Marathon, infuriating one of the event's directors who attempted to violently eject her. In one of the most iconic sports moments, Switzer escaped and finished the race. She made history—and is poised to do it again on the fiftieth anniversary of that initial race, when she will run the 2017 Boston Marathon at age 70. Now a spokesperson for Reebok, Switzer is also the founder of 261 Fearless, a foundation dedicated to creating opportunities for women on all fronts, as this groundbreaking sports hero has done throughout her life. "Kathrine Switzer is the Susan B. Anthony of women's marathoning."—Joan Benoit Samuelson, first Olympic gold medalist in the women's marathon