

# Discipline

Emotional Discipline  
 There's Gotta be a Better Way  
 Discipline, Nigerian Universities, and the Law  
 The Student Discipline Handbook  
 History of the discipline of the Methodist episcopal church, revised and brought down to 1856 by W.P. Strickland  
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 Positive Discipline: A Teacher's A-Z Guide  
 Positive Discipline  
 The Educator's Guide to Preventing and Solving Discipline Problems  
 The Lords of Discipline  
 Self-Discipline  
 Didactics of Mathematics as a Scientific Discipline  
 History of the Discipline of the Methodist Episcopal Church  
 Mindful Self-Discipline  
 Positive Discipline Tools for Teachers

*Discipline*

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## MATTEO GEORGE

### Emotional Discipline Loving Guidance

Offering sage advice and practical guidelines, Ryan shows how we can integrate the emotional, physical, and intellectual aspects of our lives into a relationship with God. While based firmly on Christian tradition, this book also draws enrichment, wisdom, and insight from other world religions, bringing them to bear on Christian faith and practices. Foreword by Henri Nouwen. [There's Gotta be a Better Way](#) Open Road Media

This second edition has the same content as the first edition but includes testimonials and additional submissions from teachers and parents. The Discipline without Stress® Teaching Model is used around the world. The non-coercive (yet non-permissive) approach to promoting responsible behaviour and motivation for learning is totally different from current approaches that use rewards for appropriate behaviour and coercive threats and punishments. The book can be used across the entire teaching spectrum -- in small childcare centres to large high schools and in

rural, suburban and urban schools. It can be used in any home or youth setting.

### [Discipline, Nigerian Universities, and the Law](#) Harmony

One of the world's most esteemed and influential psychologists, Roy F. Baumeister, teams with New York Times science writer John Tierney to reveal the secrets of self-control and how to master it. "Deep and provocative analysis of people's battle with temptation and masterful insights into understanding willpower: why we have it, why we don't, and how to build it. A terrific read." —Ravi Dhar, Yale School of Management, Director of Center for Customer Insights Pioneering research psychologist Roy F. Baumeister collaborates with New York Times science writer John Tierney to revolutionize our understanding of the most coveted human virtue: self-control. Drawing on cutting-edge research and the wisdom of real-life experts, Willpower shares lessons on how to focus our strength, resist temptation, and redirect our lives. It shows readers how to be realistic when setting goals, monitor their progress, and how to keep faith when they falter. By blending practical wisdom with the best of recent research science, Willpower makes it clear that whatever we seek—from happiness to good health to financial security—we won't reach our goals without first learning to harness self-control.

Simon and Schuster

A cadet encounters hazing and racism at an elite military academy in this novel from the #1 New York Times–bestselling author of *The Prince of Tides*. As Will McLean begins his studies at the Carolina Military Institute, the American South is in turmoil over desegregation. An outsider to the harsh authoritarianism of the military, Will survives the school's notorious freshman hazing, and avoids attention from its fabled and menacing secret society, the Ten. But when he is asked to mentor the school's first black student, Will is drawn into the intense racial politics—and the threat of violence—simmering beneath the surface. Based on Conroy's own military school experience and featuring his lush prose and richly drawn characters, *The Lords of Discipline* is a powerful story of a young man's stand for justice and the friendship, love, and courage he finds along the way. [The Student Discipline Handbook](#) Liveanddare Publications

CHOSEN AS ONE OF THE BEST GRAPHIC NOVELS OF 2021 BY THE NEW YORK TIMES, THE GUARDIAN, AND THE GLOBE AND MAIL A teenage Quaker joins the Union Army and experiences firsthand the brutality of the Civil War in this singular graphic novel by a beloved comics artist and animator. During the Civil War, many Quakers were caught between their fervent support of

abolition, a desire to preserve the Union, and their long-standing commitment to pacifism. When Charles Cox, a young Quaker from Indiana, slips out early one morning to enlist in the Union Army, he scandalizes his family and his community. Leaving behind the strict ways of Quaker life, Cox is soon confronted with the savagery of battle, the cruelty of the enemy (as well as of his fellow soldiers), and the overwhelming strangeness of the world beyond his home. He clings to his faith and family through letters with his sister, Fanny, who faces her own trials at home: betrayal, death, and a church that seems ready to fracture under the stress of the war. Discipline is told largely through the letters exchanged between the Cox siblings—incorporating material from actual Quaker and soldier journals of the era—and drawn in a style that combines modern graphic storytelling with the Civil War-era battlefield illustrations of the likes of Thomas Nast and Winslow Homer. The result is a powerful consideration of faith, justice, and violence, and an American comics masterpiece.

*History of the discipline of the Methodist episcopal church, revised and brought down to 1856 by W.P. Strickland* Park Place Publications

If you want to live a life of purpose, build good habits and achieve your goals, there is one skill that is more important than anything else: Self-Discipline. Self-discipline is not about punishment, it's about self-respect. It is not about being inflexible, but about living your best life. It is the superpower of focus in a world of distractions - allowing you to overcome procrastination, excuses, bad habits, low motivation, failures, and self-doubt. With it, you can stay on track with your values and goals even through the times when you are least inspired. Self-discipline allows you to choose who you want to be and live by design rather than by default. As a meditation teacher and self-discipline coach, Giovanni Dienstmann has helped hedge fund managers, CEOs, entrepreneurs, ambitious professionals, artists and pro athletes to live a more focused and disciplined life. Since 2014 he has been successfully coaching people to overcome distractions, procrastination, self-doubt, fear, and other forms of self-sabotage. Whatever self-discipline challenge you face, whatever excuse you are telling yourself - Mindful Self-Discipline is a collection of all these years of experience, converted into a tool for you to use. This revolutionary book is a comprehensive and practical guide for you to develop self-discipline in a balanced way - without beating yourself up. It emphasizes the use of mindfulness and awareness as key components for building habits, rather than forcefulness and willpower. If you have tried other methodologies and failed, then this is for you. This manual for living your life purposefully contains: Over 50 step-by-step exercises Over 100 illustrations and diagrams Links to the scientific studies about each topic Many, many examples - all to make it as easy as possible for you to actually apply all this knowledge and transform your daily life. If you have tried other approaches (Miracle Morning, Atomic Habits, Willpower Instinct, Tiny Habits, Discipline is Freedom, Hooked, Can't Hurt Me) and didn't get the results you were after, then this is for you. Mindful Self-Discipline goes much beyond building habits, time management, and forcing yourself. It is gentler, more achievable, and rooted in living a life of purpose. Think you are not made to be self-disciplined? Think again.

[Discipline Equals Freedom](#) Frontiers Media SA

Win-win discipline is a fresh approach to classroom discipline. It is designed to help students acquire discipline-responsible behaviour patterns to meet their needs. Once this happens, their need for disruptive behaviour drops away.

[Discipline That Connects With Your Child's Heart](#) Peter Lang

Do you wish there was a way to raise well-behaved children without punishment? Are you afraid the only alternative is being overly indulgent? With Positive Discipline, an encouragement model based on both kindness and firmness, you don't have to choose between these two extremes. Using these 49 Positive Discipline tools, honed and perfected after years of real-world research and feedback, you'll be able to work with your children instead of against them. The goal isn't perfection but providing you with the techniques you need to help your children develop the life and social skills you hope for them, such as respect for self and others, problem-solving ability, and self-regulation. The tenets of Positive Discipline consistently foster mutual respect so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline without losing his or her dignity. In this new parenting guidebook, you'll find day-to-day exercises for parents to improve their parenting skills, along with success stories from parents worldwide who have benefited from the Positive Discipline philosophy. With training tools and personal examples from the authors, you will learn: · The "hidden belief" behind a child's misbehavior, and how to respond accordingly · The best way to focus on solutions instead of dwelling on the negative · How to encourage your child without pampering or praising · How to

teach your child to make mistakes and follow through on agreements · How to foster creative thinking

**Win-Win Discipline** ASCD

Hoe je kinderen op een positieve manier discipline kunt aanleren. Bestemd voor ouders, opvoeders en leerkrachten.

**Trade-marks Journal** Vanguard

Global politics is a crowded stage of players competing for power and authority. Who is in charge of what? How do they stay in charge and what are the effects? This volume raises these questions in case studies on regimes of torture and surveillance in women's rights, border control, media, global capital and religion.

**Conscious Discipline Expanded and Updated** Taylor & Francis

In 2011, the National Institutes of Health (NIH), in collaboration with leaders from the pharmaceutical industry and the academic community, published a white paper describing the emerging discipline of Quantitative Systems Pharmacology (QSP), and recommended the establishment of NIH-supported interdisciplinary research and training programs for QSP. QSP is still in its infancy, but has tremendous potential to change the way we approach biomedical research. QSP is really the integration of two disciplines that have been increasingly useful in biomedical research; "Systems Biology" and "Quantitative Pharmacology". Systems Biology is the field of biomedical research that seeks to understand the relationships between genes and biologically active molecules to develop qualitative models of these systems; and Quantitative Pharmacology is the field of biomedical research that seeks to use computer aided modeling and simulation to increase our understanding of the pharmacokinetics (PK) and pharmacodynamics (PD) of drugs, and to aid in the design of pre-clinical and clinical experiments. The purpose of QSP modeling is to develop quantitative computer models of biological systems and disease processes, and the effects of drug PK and PD on those systems. QSP models allow testing of numerous potential experiments "in-silico" to eliminate those associated with a low probability of success, avoiding the potential costs of evaluating all of those failed experiments in the real world. At the same time, QSP models allow us to develop our understanding of the interaction between drugs and biological systems in a more systematic and rigorous manner. As the need to be more cost-efficient in the use of research funding increases, biomedical researchers will be required to gain the maximum insight from each experiment that is conducted. This need is even more acute in the pharmaceutical industry, where there is tremendous competition to develop innovative therapies in a highly regulated environment, combined with very high research and development (R&D) costs for bringing new drugs to market (~\$1.3 billion/drug). Analogous modeling & simulation approaches have been successfully integrated into other disciplines to improve the fundamental understanding of the science and to improve the efficiency of R&D (e.g., physics, engineering, economics, etc.). The biomedical research community has been slow to integrate computer aided modeling & simulation for many reasons: including the perception that biology and pharmacology are "too complex" and "too variable" to be modeled with mathematical equations; a lack of adequate graduate training programs; and the lack of support from government agencies that fund biomedical research. However, there is an active community of researchers in the pharmaceutical industry, the academic community, and government agencies that develop QSP and quantitative systems biology models and apply them both to better characterize and predict drug pharmacology and disease processes; as well as to improve efficiency and productivity in pharmaceutical R&D.

**The Little Book of Restorative Discipline for Schools** Editorial Imagen LLC

Includes sections on self-discipline and personal success; business, sales and finances; and the good life.

**The Discipline Book** New York Review of Books

In this groundbreaking book, parenting expert and acclaimed author of the bestselling book *Simplicity Parenting* Kim John Payne, M.Ed., flips the script on children's challenging or defiant behavior and lays out an elegantly simple plan to support parents in establishing loving, age-sensitive boundaries that help children feel safe and settled. In short: What looks like misbehavior is actually your children's signal that they're feeling lost, that they are trying to find direction and looking to you to guide them back on course. Payne gives parents heartwarming help and encouragement by combining astute observations with sensitive and often funny stories from his long career as a parent educator and a school and family counselor. In accessible language, he explains the relevance of current brain- and child-development studies to day-to-day parenting.

Breaking the continuum of childhood into three stages, Payne says that parents need to play three different roles, each corresponding to one of those stages, to help steer children through their emotional growth and inevitable challenging times: · The Governor, who is comfortably and firmly in charge—setting limits and making decisions for the early years up to around the age of eight · The Gardener, who watches for emotional growth and makes decisions based on careful listening, assisting tweens in making plans that take the whole family's needs into account · The Guide, who is both a sounding board and moral compass for emerging adults, helping teens build a sense of their life's direction as a way to influence healthy decision making Practical and rooted in common sense, *The Soul of Discipline* gives parents permission to be warm and nurturing but also calm and firm (not overreactive). It gives clear, doable strategies to get things back on track for parents who sense that their children's behavior has fallen into a troubling pattern. And best of all, it provides healthy direction to the entire family so parents can spend less time and energy on outmoded, punitive discipline and more on connecting with and enjoying their kids. Advance praise for *The Soul of Discipline* "The Soul of Discipline offers practical tools for helping parents implement discipline that's respectful and effective, but the book is so much more. Kim John Payne offers a framework to guide parents in making decisions about why, when, and how to hold tighter reins as we build skills in our children, and why, when, and how to loosen the reins as we scaffold freedom."—Tina Payne Bryson, Ph.D., co-author of *No-Drama Discipline* "This book gets deep inside the challenge of getting along with children and teens and thinks deeply about what they need from us to become strong and self-managing. It elevates discipline to what it should be—a caring process of helping kids orient to the world and live in it happily and well."—Steve Biddulph, author of *The New Manhood* "Kim Payne provides a useful model for choosing our parenting stance—Governor, Gardener, or Guide—depending on the situation. Most powerfully, Payne begins with the radical view that children are not disobedient but rather disoriented. The upshot of this shift in perspective is that discipline is about helping children orient themselves effectively, not about controlling or chastising."—Lawrence J. Cohen, Ph.D., author of *Playful Parenting*

**Gentle Discipline** Revell

*Discipline-Specific Writing* provides an introduction and guide to the teaching of this topic for students and trainee teachers. This book highlights the importance of discipline-specific writing as a critical area of competence for students, and covers both the theory and practice of teaching this crucial topic. With chapters from practitioners and researchers working across a wide range of contexts around the world, *Discipline-Specific Writing: Explores teaching strategies in a variety of specific areas including science and technology, social science and business; Discusses curriculum development, course design and assessment, providing a framework for the reader; Analyses the teaching of language features including grammar and vocabulary for academic writing; Demonstrates the use of genre analysis, annotated bibliographies and corpora as tools for teaching; Provides practical suggestions for use in the classroom, questions for discussion and additional activities with each chapter. Discipline-Specific Writing is key reading for students taking courses in English for Specific Purposes, Applied Linguistics, TESOL, TEFL and CELTA.*

*How to Build Self-Discipline* Positive Discipline: A Teacher's A-Z Guide

Explains why children misbehave; discusses class and family meetings, mutual respect, and responsibility; and tells how parents and teachers can be more understanding and supportive

**The Discipline of Religious and Worldly Matters** Penguin

As seen in the New York Times -- a practical guide that presents an alternative to shouting, shaming, and blaming--to give kids the skills they need to grow and thrive Discipline is an essential part of raising happy and successful kids, but as more and more parents are discovering, conventional approaches often don't work, and can even lead to more frustration, resentment, power struggles, and shame. Enter Sarah Ockwell-Smith, a popular parenting expert who believes there's a better way. Citing the latest research in child development, psychology and neuroscience, *Gentle Discipline* debunks common myths about punishments, rewards, the "naughty chair," and more, and presents practical, connection-based techniques that really work--and that bring parents and kids closer together instead of driving them apart. Topics include: Setting--and enforcing--boundaries and limits with compassion and respect Focusing on connection and positivity instead of negative consequences Working with teachers and other caregivers Breaking the cycle of shaming and blaming Filled with ideas to try today, *Gentle Discipline* helps parents of toddlers as well as school-age kids embrace a new, more enlightened way to help kids listen, learn and grow.

*Disciplines for Christian Living* Meadows Publishing

Toddler Discipline: The Toddler Parenting Guide Book During Those Happy Toddler Years Are you looking at books on toddler discipline? It helps to read advice by those who have children and who have successfully made it through the toddler years. The advice given in this book are in line with the thought that many experts agree upon, to train a child with loving kindness, patience and positive reinforcements. One thing parents will realize once they have a baby is soon they will have to learn how to discipline a toddler. Disciplining a toddler is not something parents automatically know how to do. When our sweet babies gain the ability to walk and use their legs they become independent little humans and they will flex those independent muscles, which can get them into situations that require us to know how to discipline toddlers the right way. It takes great patience to train a child into behaving well.

United Methodist Church Book of Discipline 2016 Little Brown & Company

In this expanded edition of the 2017 mega-bestseller, updated with brand new sections like DO WHAT MAKES YOU HAPPY, SUGAR COATED LIES and DON'T NEGOTIATE WITH WEAKNESS, readers

will discover new ways to become stronger, smarter, and healthier. Jocko Willink's methods for success were born in the SEAL Teams, where he spent most of his adult life, enlisting after high school and rising through the ranks to become the commander of the most highly decorated special operations unit of the war in Iraq. In *Discipline Equals Freedom*, the #1 New York Times bestselling coauthor of *Extreme Ownership* describes how he lives that mantra: the mental and physical disciplines he imposes on himself in order to achieve freedom in all aspects of life. Many books offer advice on how to overcome obstacles and reach your goals--but that advice often misses the most critical ingredient: discipline. Without discipline, there will be no real progress. *Discipline Equals Freedom* covers it all, including strategies and tactics for conquering weakness, procrastination, and fear, and specific physical training presented in workouts for beginner, intermediate, and advanced athletes, and even the best sleep habits and food intake recommended to optimize performance. FIND YOUR WILL, FIND YOUR DISCIPLINE--AND YOU WILL FIND YOUR FREEDOM

*The Soul of Discipline* Penguin

Can community-building begin in a classroom? The authors of this book believe that by applying restorative justice at school, we can build a healthier and more just society. With practical applications and models. Can an overworked teacher possibly turn an unruly incident with students into an "opportunity for learning, growth, and community-building"? If restorative justice has been able to salvage lives within the world of criminal behavior, why shouldn't its principles be applied in school classrooms and cafeterias? And if our children learn restorative practices early and daily, won't we be building a healthier, more just society? Two educators answer yes, yes, and yes in this new addition to The Little Books of Justice and Peacebuilding series. Amstutz and Mullet offer applications and models. "Discipline that restores is a process to make things as right as possible." This Little Book shows how to get there.

**Re-theorizing Discipline in Education** Meadows Publishing

Positive Discipline: A Teacher's A-Z GuideHarmony