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# Impact Of Occupational Stress On Hotel Employees

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Stress in Post-War Britain

Managing Workplace Stress

Handbook of Research on Dissecting and Dismantling Occupational Stress in Modern Organizations

Stress and Quality of Working Life

The Emerald Review of Industrial and Organizational Psychology

Stress Management in Work Settings

Occupational Stress: Breakthroughs in Research and Practice

Job Stress

The Role of Demographics in Occupational Stress and Well Being

Occupational Stress

Occupational Stress and Organizational Effectiveness

Occupational Stress in South African Work Culture

The Scale of Occupational Stress

Occupational Stress and the Mental and Physical Health of Factory Workers

The Impact of Occupational Stress on Employee Performance

Examining and Exploring the Shifting Nature of Occupational Stress and Well-Being

Patient Safety and Quality

Organizational Stress

Stress and Job Performance

Occupational Stress

Occupational Stress and Well-Being in Military Contexts

Musculoskeletal Disorders and the Workplace

Occupational Stress in the Service Professions

Job Stress and Blue Collar Work

Occupational Stress

Psychological Stress in the Workplace (Psychology Revivals)

Organizational Stress Around the World

Job Stress

Stress and Quality of Working Life

Intervention in Occupational Stress

Causes, Coping and Consequences of Stress at Work

Employee Health, Coping and Methodologies

Research in Occupational Stress and Well being

The Impact of Workplace Incivility and Occupational Stress on the Job Satisfaction and Turnover Intention of Acute Care Nurses

Handbook of Research on the Complexities and Strategies of Occupational Stress

Handbook of Work Stress

New Developments in Theoretical and Conceptual Approaches to Job Stress

Handbook of Stress in the Occupations

The Palgrave Handbook of Occupational Stress  
Stress and Quality of Working Life

*Impact Of Occupational  
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Employees*

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**TORRES HAYNES**

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**Stress in Post-War Britain** CRC Press

This book is among the best on stress and its organizational consequences. It is based on papers presented at the Seventh Annual Applied Behavioral Science Symposium. The editors and most of the contributors are academic specialists on stress. The major theme of the book is that stress has negative, and sometimes positive, personal and organizational consequences. On the positive side, stress--perceived as challenge--may arouse performance-enhancing responses; but stress may also induce withdrawal, absenteeism, and poor performance. . . . An excellent preface and introductory chapter by the editors lay the groundwork for the essays that follow in this clearly written and perceptively argued anthology. The volume is valuable to practitioners and to students and teachers of industrial sociology or psychology as well as business administration. *Choice* Occupational Stress and Organizational Effectiveness is one of the first books to view stress in the context of a systems orientation. This new book integrates major theoretical approaches towards occupational stress with specific applications of stress management techniques. Taking the position that stress need not be a disadvantage to an organization, the editors explore various stress management systems and how such systems can be used to the benefit of both employer and employees. Timely and comprehensive, this volume is ideal

for the industrial-organizational psychologist involved in human resources management. Health professionals and human resources directors will also find this book to be an excellent resource for indentifying and measuring stress in the workplace.

**Managing Workplace Stress** John Wiley & Sons

This book is a new comprehensive and thought-provoking resource that examines stress in organizational contexts. It reviews the sources and outcomes of job-related stress, the methods used to assess levels and consequences of occupational stress, along with the strategies that might be used by individuals and organizations to confront stress and its associated problems. It focuses on the future of work, where it is going and the role industrial and organizational psychologists can play in better understanding the dynamics of occupational stress. An excellent resource for Ph.D. students, academics and professionals.

**Handbook of Research on Dissecting and Dismantling Occupational Stress in Modern Organizations**

National Academies Press

Focuses on processes related to recovery and unwinding from job stress. This book demonstrates that recovery research is a very promising approach for understanding the processes of job stress and relieve from job stress more fully.

*Stress and Quality of Working Life* IGI Global

Stress is commonly witnessed in the workplace due to environmental factors and human interaction and can result in

health complications, high turnover, and more. While stress is often perceived negatively, a manageable amount of stress may work as a helpful motivator for some workers. In the dynamic business environment, the performances, working efficiency, innovative work behavior, and creativity in the existence of stress is understudied. It is essential to understand the complexities of occupational stress and the strategies to use it as a support. The Handbook of Research on the Complexities and Strategies of Occupational Stress provides an in-depth understanding about the magnitude and the reasons behind varying impacts of stressors. It delimits the geographical context while including cross-cultural dimensions to explore the depth and variations of occupational stress. Covering topics such as health capital, turnover intentions, and work-family conflict, this premier reference source is an excellent resource for business leaders and managers, human resource managers, libraries, students and educators of higher education, government organizations, occupational therapists, researchers, and academicians.

The Emerald Review of Industrial and Organizational Psychology Nova Science Publishers

This book begins by analysing the relationship between occupational stress and workplace bullying in the educational sector. It continues to examine the insufficient recovery from job stress as a risk factor for poor health and well-being; stress, burnout and coping strategies in the emergency and intensive care units of hospitals; pile-up stress from age discrimination on older working people's adjustments; and discusses the role of psychosocial safety

climates in job stress and work-related injuries.

*Stress Management in Work Settings*  
Emerald Group Publishing

"Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality - - Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043)." - online AHRQ blurb,

[http://www.ahrq.gov/qual/nursesfdbk/Occupational Stress: Breakthroughs in Research and Practice](http://www.ahrq.gov/qual/nursesfdbk/Occupational%20Stress%20Breakthroughs%20in%20Research%20and%20Practice) SAGE

Presents an examination of occupational stress, health and well being, with particular emphasis on the multi-disciplinary nature of occupational stress. This book offers a critical assessment of issues in occupational stress and well being.

*Job Stress* Emerald Group Publishing

This book offers twelve chapters organized into three major sections that address occupational stress and quality of working life. The authors are an internationally renowned team of scholar-research-practitioners who are grounded in applied science and clinical practice. Section 1 includes five chapters that address the organizational and individual costs of occupational stress. The costs are humanitarian and economic; both human suffering and

financial burdens are important. Section 2 includes three chapters that focus on ways to mitigate the negative effects of occupational stress. We must help those who are suffering but we must do more by preventing distress where we can and building on positive, strength factors where possible. Section 3 includes four chapters that examine and expand our understanding of work life quality. Work life quality is so important because of the effects it has on workers and leaders, as well as the spillover impact into families and communities. These twelve chapters, highlight both core knowledge and new developments within the rapidly growing field of research on stress and the quality of working life. We believe this information can help to raise awareness of the causes and costs of occupational stress and poor quality of working life. Further, this should provide a challenge, some incentive, and renewed insight for organizations in Brazil and elsewhere to begin thinking about and acting in ways that lead to a less stressful environment for their workforce.

The Role of Demographics in Occupational Stress and Well Being  
Emerald Group Publishing

This book was developed for the 2005 International Stress Management Association Conference in Brazil. The original book was recently published in Portuguese, but because of the popularity of the topics and the world-renowned stress scholars who contributed chapters, we are very pleased to have the opportunity to publish this work in English. A book on the subject is intended to be an additional tool containing information on stress and ways of dealing with pressures and demands, because we know that the level of stress will

continue to increase. We believe that only through information—and here you will be able to find the experience and opinion of some of the greatest and best professionals of the world in this field—people will manage to live better and more balanced lives. This is what ISMA-BR wishes and hopes for. Have a good reading. This volume provides a series of comprehensive summaries of what is now a fast-growing literature aimed at understanding the causes, effects, and prevention of stress in the workplace. It begins with three chapters on different sources of stress at work, ranging from organizational factors to attributes of workers themselves.

**Occupational Stress** Littleton, Mass. : PSG Publishing Company

Work-related stress is costly not only to employees, but also to organizations and society. For example, it is estimated that work-related stress, depression, and anxiety costs British employers £1,035 per employee and that workplace stress costs the US economy up to \$300 billion annually. However, elevated levels of stress often cannot be changed, and, if demands were not placed on employees, employee learning, organizational innovation, and societal economic growth would be hindered.

Consequently, it is vital that occupational health practitioners, employees, employers and researchers strive to better understand and manage workplace stress, such that employee health and well-being can be improved. This book can assist organizations and individuals as they encounter workplace stress. This edition highlights research done by 25 authors across 12 chapters that challenges how work stress is viewed and assessed. Additionally, a number of social and psychological influences on the stress experience are

examined. Our beliefs and expectations of stress and its results, whether helpful or hurtful, can have a profound influence on our stress experiences. Also, the way that we approach our work (e.g., job crafting) or the treatment we receive from others (e.g., with dignity) can either mitigate or exacerbate any harmful or beneficial effects of stress. Moreover, how we assess the psychological (e.g., burnout and well-being) or physiological (e.g., cortisol) outcomes of stress are meaningful, and the proper diagnosis of stress (e.g., stress surveys) underlies our understanding. We hope that the findings reported in these chapters and the insights of these scholars will provide ways for you and/or your organization to improve the health and well-being of employees.

Occupational Stress and Organizational Effectiveness Routledge

Scale of Occupational Stress : A Further Analysis of the Impact of Demographic Factors and Type of Job

**Occupational Stress in South African Work Culture** SAGE

Bringing together renowned scholars, this handbook contains innovative current empirical and theoretical research in the area of job stress. The workplace is one of the major sources of stress in an individual's life. Placing this important topic in the context of a transactional process, this work is intended to be of use to practitioners working in clinical, organisational, family and health psychology, mental health, substance abuse, the military, and with families and women.; Chapters are arranged in five parts, the first considering theoretical approaches with an introductory article by Professor Emeritus Richard S. Lazarus. Next is an examination of various model testing formats, followed by a section on

occupational stress research and coping mechanisms. Fourth is a collection of articles on the subject of burnout, and the book closes with two distinct interventions directed at stress reduction.

The Scale of Occupational Stress IAP

Occupational stress is a growing area of interest as ensuring employees are cared for physically and emotionally in the workplace has become vital across industries. To fully understand the various forms and factors of occupational stress, further study is required in order to provide the best work environment for employees. The Handbook of Research on Dissecting and Dismantling Occupational Stress in Modern Organizations explores key concepts of occupational stress in modern organizations across the globe such as how stress is felt and dealt with by professionals from various sectors operating in the globalized environment. The book also provides an in-depth understanding of the magnitude and reasons behind the varying impacts of stressors within modern organizations. Covering topics such as health capital, turnover intentions, and work-family conflict, this reference work is an excellent resource for business leaders, managers, human resource managers, librarians, government officials, occupational therapists, researchers, academicians, scholars, educators, and students.

Occupational Stress and the Mental and Physical Health of Factory Workers CRC Press

This book provides explanation of how the impacts of occupational stress and its effects on the performance of the Kenya Polytechnic University teaching staff. The occupational stress is that stress that is faced by the workers as a

result of their job conditions. The author show how the coping strategies employed by the teaching staff and also found out that majority of them were in monogamous marriages. The author recommends the improvement in teamwork and employee support systems. Stress is more likely in some situation than others and some individuals than others. Indeed people are uniquely different and therefore their personality will determine how they perceive their capacity to sail through the challenges that come their way. This book is highly recommended for the scholars, students and researchers who are doing more on occupational stress and its effects on the performance in educational institutions.

**The Impact of Occupational Stress on Employee Performance** Edward Elgar Publishing

This book provides a comprehensive review of the theory, research, and applications in Industrial and Organizational (I/O) Psychology. Analyzing three primary objectives of I/O psychology: improving the effectiveness of employees and organizations, enhancing employee well-being, and gaining an understanding of human behavior in organizations.

**Examining and Exploring the Shifting Nature of Occupational Stress and Well-Being** New York : Praeger

In the years following World War II the health and well-being of the nation was of primary concern to the British government. The essays in this collection examine the relationship between health and stress in post-war Britain through a series of carefully connected case studies.

*Patient Safety and Quality* SAGE

This volume examines the causes and

consequences of stress in the military, focussing on how stress and well-being shape the experiences of military personnel both in and out of the combat zone.

*Organizational Stress* Department of Health and Human Services

This volume explores and enhances our understanding of how stress and well-being at work can change over time.

*Stress and Job Performance* LAP Lambert Academic Publishing

Questions about the causes or sources of work stress have been the subject of considerable research, as well as public fascination, for several decades. Earlier interest in this issue focused on the question of whether some jobs are simply more inherently stressful than others. Other questions that soon emerged asked whether some individuals were more prone to stress than others. The Handbook of Work Stress focuses primarily on identifying the different sources of work stress across different contexts and individuals.

**Occupational Stress** IGI Global Originally published in 1995, this book was the most up-to-date and comprehensive account of research on occupational stress at the time. It identifies the sources, consequences and treatments of stress in the workplace from the perspective of organizational psychology and makes clear recommendations for future work in this area. Terry Beehr discusses how role ambiguity and conflict act as stressors in the workplace, and discusses the characteristics of the job and the organization itself that can adversely affect performance. He examines the effects of stress in the workplace and describes methods that can be used to alleviate the problem, both at the individual and organizational level. In

addition, the book is illustrated with many examples from field research over the author's twenty years of experience in studying the workplace. This book will be of considerable interest to students

and researchers in occupational psychology, as well as managers and trainers. Terry Beehr is still working in this field today.