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PATEL MILLER

Modern German Cookbook Murdoch Books (AU)

Open a continent of flavors with Tiffin, an extraordinarily beautiful cookbook that focuses on India's regional diversity. Named a New York Times 'Best Cookbook' of the year, it won three Gourmand World Cookbook Awards including 'Best Indian Cookbook.' Packed with gorgeous photographs and illustrations to make your mouth water, Tiffin unlocks the rich diversity of regional Indian cuisine for the home cook. Featuring more than 500 recipes are organized by region and then by course, Tiffin includes: vegetarian dishes hearty meat-filled dinners scrumptious seafood 10-minute dazzling appetizers impossibly easy homemade breads exotic desserts Even cooling complementary beverages Award-winning chef Floyd Cardoz writes in the foreword, "I love Indian cuisine, the variety it offers, the cooking techniques, and the use of flavor and texture. I want the world to enjoy and celebrate this multiplicity in food that India has to offer." Compiled and explicated by an experienced Indian cookery expert, Sonal Ved, these authentic dishes are rarely found in other cookbooks. Bon Appetit praises: "[Tiffin is] the kind of book I'll keep picking up and referring back to, learning something new about Indian cuisine every time."

Japan: The Cookbook Octopus Books
Cook with confidence and find inspiration with Gordon Ramsay's fun, delicious recipes for novice cooks and

experienced chefs alike. Based on a new cooking show, this book will give experienced as well as novice cooks the desire, confidence and inspiration to get cooking. Ramsay will offer simple, accessible recipes with a "wow" factor. Gordon has travelled the world from India and the Far East to LA and Europe, and the recipes in this book will draw all these culinary influences together to show us simple, vibrant and delicious recipes that reflect the way we eat today. For example: Miso braised salmon fillet with Asian vegetables, Pork and Bacon slider with home made bbq sauce, Curried Sweetcorn Soup, Wild Mushroom Risotto Arrancini, and Baked Lemon Cheesecake with Raspberries. Each chapter will concentrate on a different area of cooking--from the classics to the secret of cooking with Chili and spice, through roasting, baking, and helpful sections on cooking good food for less and cooking for a crowd. Woven into the book will be useful tricks and tips--from ways to save time and money, to cleaning and prepping ingredients, to pan frying like a pro. Stuffed full of delicious recipes, invaluable tips and lashings of Gordon's trademark cheeky wit, Gordon Ramsay's Home Cooking is the ultimate cooking lesson from the ultimate chef.

Dosa Kitchen Hachette UK

A fresh and friendly introduction to South Asian cuisine, The Indian Family Kitchen reflects how we cook today with seasonal and vegetable-forward recipes. This striking cookbook shows how to coax flavor out of your favorite foods by adding Indian spices: rub butternut squash with garam masala before roasting with salty feta and sun-dried tomatoes; marinate chicken wings in a

punchy tandoori sauce; and brighten up a quinoa salad with ginger and cumin. You'll also find classics refined over the years by the granddaughter of the family that brought Patak's sauces and chutneys to households around the world.

Throughout, *The Indian Family Kitchen* demystifies traditional cooking methods with kitchen shortcuts and the spices you should always have on hand—for delicious family meals that'll be loved by generation upon generation.

East National Geographic Books

The definitive guide to Thai cuisine, with 500 authentic recipes from every region brought together in one comprehensive and beautifully produced volume. Author and photographer Jean-Pierre Gabriel traveled throughout Thailand for years to research the unique flavors and culinary history that make up the country's food culture. Here, he presents an array of dishes ranging from street vendor snacks to home-cooked meals to restaurant tasting menus and everything in between. Learn to recreate classics such as Massaman Curry and Green Papaya Salad using authentic methods, or discover a new favorite, such as a Dragon Fruit Frappe. Recipes include advice on essential techniques, while a glossary helps introduce home cooks to less familiar ingredients. Gabriel's breathtaking images of the natural landscape, people, and food bring to life the history behind this storied cuisine.

How to Cook Reaktion Books

We all know there is more to Indian food than just curries; it can also be really healthy, fresh and super delicious.

Chetna's *Healthy Indian* contains home cooking at its best - straightforward methods, very few ingredients, crowd pleasing flavours, nourishment and comfort. It draws upon inspiration from Chetna's family and friends, creating

realistic recipes for midweek, after work, busy weekends or when you simply want to look after yourself with wholesome food. You'll find 80 delicious recipes that require minimum time and effort, including Onion & whole spice chicken curry, Tandoori pan-fried sea bream, Paneer & cavalo nero saag and Baked cardamom & pistachio yogurt pots. Inspired by Indian cuisine, Chetna's *Healthy Indian* is proof that healthy food does not need to be health food, and convenient meals can be good for you, too.

Sri Lanka: The Cookbook Phaidon Press

The definitive cookbook bible of the world's most popular and oldest cuisine "China The Cookbook is a magnificent insight into the history of Chinese cuisine. I will treasure it in my collection and it will be no doubt be used as valuable reference for many years to come." —Ken Hom OBE, Chef, author and tv presenter In the tradition of bestsellers including *Mexico* and *The Nordic Cookbook* comes the next title in the multimillion-selling national cuisine series, *China: The Cookbook*. Featuring more than 650 recipes for delicious and authentic Chinese dishes for the home kitchen, this impressive and authoritative book showcases the culinary diversity of the world's richest and oldest cuisines with recipes from the 33 regions and sub-regions. *China: The Cookbook* celebrates popular staples such as Sweet and Sour Spare Ribs and Dim Sum, as well as lesser-known regional classics like Fujian Fried Rice and Jiangsu's Drunken Chicken, and features additional selected recipes from star chefs from around the world.

Gran Cocina Latina Hachette UK Winner 'Best Arab Cuisine Book' - Gourmand World Cookbook Awards

2016. Palestinian food is not just found on the streets with the ka'ak (sesame bread) sellers and stalls selling za'atar chicken and mana'eesh (za'atar sesame bread), but in the home too; in the kitchens all across the country, where families cook and eat together every day, in a way that generations before them have always done. Palestine on a Plate is a tribute to family, cooking and home, made with the ingredients that Joudie's mother and grandmother use, and their grandmothers used before them. - old recipes created with love that bring people together in appreciation of the beauty of this rich heritage. Immerse yourself in the stories and culture and experience the wonderful flavours of Palestine through the food in this book.

Made in India Flatiron Books

FEED YOUR SOUL WITH ASMA KHAN'S COLLECTION OF AUTHENTIC INDIAN RECIPES ASMA KHAN STARS IN NETFLIX'S AWARD-WINNING SERIES CHEF'S TABLE Award-winning restaurant Darjeeling Express began life as a dinner party with friends; Indian food lovingly cooked from family recipes that go back generations. In this book, Asma reveals the secret to her success, telling her immigrant's story and how food brought her home. The recipes pay homage to her royal Mughlai ancestry and follow the route of the Darjeeling Express train from the busy streets of Bengal, through Calcutta, where she grew up, and along the foothills of the Himalayas to Hyderabad. Platters of dishes boasting texture and intense flavor encourage you to gather for a traditional dawaat (feast). Starting with simple midweek Feasts for Two, Asma then reveals the way to quick and easy cooking with less spice for Family Feasts. There are Feasts for Friends, for when you want to show off a little, and Celebratory Feasts. Many

of the recipes are vegetarian, there are sweet treats and drinks, too, and all feature alongside lesser-known recipes and stories unique to Asma's family. This is more than just a collection of delicious and accessible recipes, it is a celebration of heritage, culture, community and quality. This is Asma's Indian Kitchen.

Vegan Intermittent Fasting: Lose Weight, Reduce Inflammation, and Live Longer - The 16:8 Way - With over 100 Plant-Powered Recipes to Keep You Fuller Longer Hardie Grant Publishing

A unique cookbook created for older kids and teenagers, How to Cook gives budding chefs the know-how and confidence to cook their own meals how they want, whether for themselves or to impress friends and family. 100 easy-to-follow recipes offer plenty of ideas to get them started. From Ginger-chicken stir-fry to scrumptious mini cheesecakes, there's a great balance of healthy meals and treats from different countries around the world. How to Cook is more than just a recipe book - fascinating information on ingredients, origins, seasonality, healthy eating, and insights into food culture are spread throughout the text-so readers are kept informed about what they are eating, but in a light and fun way. Following a recent drive to educate young people in lifetime cooking skills, the recipes have been carefully selected to demonstrate a range of techniques. A special section at the back also focuses on key methods, so they will learn how to make a basic dough, bake a perfect pastry, or cook meat safely and effectively. These are cross-referenced to specific recipes in the book, but are also a useful resource on their own. With this great selection of adaptable recipes, food facts, and fail-safe techniques, How to Cook will help teens get creative in the kitchen, and

enthusiastic about food for life.

Palestine on a Plate Clarkson Potter
This complete vegan guide to 16:8 fasting offers tried and true strategies to living healthier—and longer Intermittent fasting is one of the easiest ways to achieve better health—period. But for those of us who follow a vegan diet, finding the balance between plant-based eating and intermittent fasting can prove challenging. In *Vegan Intermittent Fasting*, groundbreaking doctor Petra Bracht and recipe developer Mira Flatt share their completely plant-based program. You'll unlock all the benefits of fasting while still eating the foods you love (without feeling hungry). Evidence-based 16:8 method: Eat 2 or 3 times over 8 hours (say, 11:00 am to 7:00 pm), then fast for 16 hours (including time spent asleep, of course). A complete guide to the first 14 days: Delicious recipes for every meal, plus a comprehensive shopping list, make it easy to adapt your lifestyle. Guided exercises: You'll boost your fasting plan's effectiveness while building endurance, power, muscle control, and flexibility. Vegan intermittent fasting is an easy and sustainable way to improve your whole-body well-being.

Dirty Food Frances Lincoln

This is real Indian food; the bright, fresh, light, herb- and spice-lifted food that Indians turn to each and every day. Extremely healthy, beautifully simple and packed with fresh flavour, it's not your parents' Indian food. In 2014, barrister Nisha Katona had a nagging obsession to build a restaurant serving the kind of food Indians eat at home and on the street. The first Mowgli restaurant opened in Liverpool in late 2014, blowing away the critics and forming legions of fans. The simple dishes of a Mowgli menu are a million miles away from the

curry stereotype. This unique collection of recipes and stories from the Mowgli Street Food restaurants brings you the best of their beloved menu, and much more. Try delicious snacks such as Fenugreek Kissed Fries or a Masala Wrap, and spice up your dinner with a whole host of delicious dahls. Discover how to recreate the iconic Angry Bird, the signature flavours of the House Lamb Curry, and of course, the secrets of the taste explosion that are Chat Bombs. And indulge in desserts, drinks and cocktails such as the Cardamom Custard Tart or a Sweet Delhi Diazepam. From the Mowgli Chip Butty to the iconic Yogurt Chat Bombs, Mother Butter Chicken to Calcutta Tangled Greens, this is the definitive collection of Mowgli's signature street food dishes to recreate at home.

La Vita è Dolce Hardie Grant Publishing
The bible of traditional Italian cooking, with over 2,000 recipes. Revised and updated.

The Black Swan Grand Central Publishing

THE SUNDAY TIMES BESTSELLER 'A love letter to Bombay told through food and stories, including their legendary black daal' Yotam Ottolenghi At long last, Dishoom share the secrets to their much sought-after Bombay comfort food: the Bacon Naan Roll, Black Daal, Okra Fries, Jackfruit Biryani, Chicken Ruby and Lamb Raan, along with Masala Chai, coolers and cocktails. As you learn to cook the comforting Dishoom menu at home, you will also be taken on a day-long tour of south Bombay, peppered with much eating and drinking. You'll discover the simple joy of early chai and omelette at Kyani and Co., of dawdling in Horniman Circle on a lazy morning, of eating your fill on Mohammed Ali Road, of strolling on the sands at Chowpatty at sunset or

taking the air at Nariman Point at night. This beautiful cookery book and its equally beautiful photography will transport you to Dishoom's most treasured corners of an eccentric and charming Bombay. Read it, and you will find yourself replete with recipes and stories to share with all who come to your table. 'This book is a total delight. The photography, the recipes and above all, the stories. I've never read a book that has made me look so longingly at my suitcase' Nigel Slater

Ottolenghi Mitchell Beazley

Say 'yes' to the devil on your shoulder and feast on all the deliciously 'dirty' foods you really want to eat.

Thailand: The Cookbook Flatiron Books
Italian cuisine in all its varieties-- captured in a beautifully illustrated, award-winning cookbook of 320 main dishes, antipasti, and other delightful courses. Introduction by Franco Benussi. Translated by Elizabeth Ciacon Castleman. Full color.

China: The Cookbook Phaidon Press
Discover the delicious, aromatic and vibrant food of Sri Lanka in this beautifully illustrated cookbook with 100 sumptuous recipes. Feather-light hoppers, fiery sambols, subtly spiced curries and unique 'vada' (fried snacks) come together in this definitive collection of Sri Lanka's most authentic and exciting recipes. As Sri Lanka is being rediscovered a travel destination, its varied cuisine is also under the spotlight. As well as absorbing influences from India, the Middle East, Far East Asia and myriad European invaders, the small island also has strong Singhalese and Tamil cooking traditions and this cookbook brings these styles together to showcase the best of the country's culinary heritage. These healthy and wholesome recipes draw on the strong

traditions of the island, with quick recipes for light lunches, larger meals to share with family and friends, as well as mouth-watering desserts for those with a sweet tooth. Dig into 100 recipes that celebrate the island's wonderful ingredients, from okra and jackfruit to coconut and chillies, and explore its culture through stunning original travel photography of the country, its kitchens and its people.

The Lotus and the Artichoke - Sri Lanka!
Clarkson Potter

"The Essential Asian Cookbook"

assembles recipes from every East Asian country, from Pakistan to Japan, into one complete volume. With an accessible pictorial glossary of Asian ingredients, the book demystifies Asian cooking and shows just how simple and fun it can be. Color photos.

Ramen Hardie Grant Publishing

Explore exciting new recipes from the streets of India's four biggest cities.

Tel Aviv Bloomsbury Publishing

What happened when one of today's best-loved food writers had a change of appetite? Here are the dishes that Diana Henry created when she started to crave a different kind of diet - less meat and heavy food, more vegetable-, fish-, and grain-based dishes - often inspired by the food of the Middle East and Far East, but also drawing on cuisines from Georgia to Scandinavia. In her year of good eating, Diana lost weight, but this was about much more than weight loss - lead by taste, it was about discovering a healthier, fresher way of eating. From a Cambodian salad of shrimps, grapefruit, toasted coconut, and mint or North African mackerel with cumin to blood orange and cardamom sorbet, the magical dishes in this book are bursting with flavor, with goodness and with color. Peppering the recipes is Diana's

inimitable writing on everything from the miracle of broth to the great carbohydrate debate. Above all, this is about opening up our palates to new possibilities. There is no austerity here, simply fabulous food that nourishes body and soul.

Thali (The Times Bestseller) Ten Speed Press

Following her bestselling *Made in India*, Meera Sodha reveals a whole new side of Indian food that is fresh, delicious, and quick to make at home. These vegetable-based recipes are feel-good food and full of flavor. Indian cuisine is one of the most vibrant vegetable cuisines in the entire world, and in *Fresh India* Meera leads home cooks on a culinary journey through its many flavorful dishes that will delight vegetarians and those simply looking to add to their recipe repertoire alike. Here are surprising recipes for every day made using easy-to-find ingredients: Mushroom and Walnut Samosas, Oven-Baked Onion Bhajis, and Beet and Paneer Kebabs. There are familiar and

classic Indian recipes like dals, curries, and pickles, alongside less-familiar ones using fresh, seasonal ingredients. Enjoy showstoppers like Meera's Sticky Mango Paneer Skewers, Roasted Cauliflower Korma, Daily Dosas with Coconut Potatoes, and luscious desserts like Salted Peanut and Jaggery Kulfi and Pistachio Cake. Whether you are vegetarian, want to eat more vegetables, or just want to make great, modern Indian food, this is the book for you. Praise for *Made in India*: "The recipes are unpretentious and were immediately promoted by my family of critics into must-makes for the monthly dinner rotation, new staples for a season of chill and damp." —Sam Sifton, *The New York Times* "This book is full of real charm, personality, love, and garlic. Bring on the 100 clove curry! Not to mention fire-smoked eggplant, chicken livers in cumin butter masala, and beet and feta samosas. There's so much to be inspired by." —Yotam Ottolenghi "I want to cook everything in this book." —Nigella Lawson, *Nigella.com*